

COMPLETE SEFI LIST

Version: Aug 29th 2026

If you see any frequencies that are missing, please let me know by emailing me at:

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QUANTUM REACH

Abundance Abundance, Wealth, & Success Breathe Free Concentration, Determination, & Finish Confidence, Self-Esteem, & Love Coordination Creativity Determination Energy Energetic Clearing Energetic Shield EMF Shield Focus Forgiveness Gratitude Health, Strength & Recovery Health	Immune Support Inner Peace Integrity Love, Forgiveness, & Gratitude Love Memory, Focus & Clarity Pain-Free, Healing, & Stamina Pain Free Peace, Calm & Tranquility Perfect Recall Prosperity Resolve Sleep Well Stamina Stress-Free Successful
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QUANTUM AFFIRMATIONS

1. Accelerated Learning 2. Addiction – Alcohol 3. Addiction – Drugs 4. Addiction – Smoking 5. Allergies – Pollen, Dust, Foods 6. Allergy – Vaccinations 7. Antibiotics 8. Anxiety 9. Arthritis 10. Asthma 11. Common Cold	12. Compulsive Behaviors 13. Depression 14. Diabetes 15. Energy Boost 16. Female Enhancement 17. Herpes 18. Immune Support 19. Insomnia 20. Male Enhancement 21. Mastering Stress 22. Migraines 23. Mood Support 24. Pain Control	25. Perfect Health 26. PMS 27. Prostate 28. Relationship Enhancement 29. Self Confidence – Self Esteem 30. Sports Enhancement 31. Stress and Tension 32. Success 33. Super Memory 34. Unlimited Creativity 35. Wealth Prosperity 36. Weight Management
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QUANTUM FREQUENCY

Abdominal Pain Acne - Pimples Acute Pain Adenoids AIDS Alcoholism Allergies Alopecia Amenorrhea Anemia Aneurysm Angina Pectoris Anosmia Antibiotic - General Antiseptic #1 Antiseptic #2 Anus Itching Appendicitis Appetite - Lack of Arteries - Hardening of Arteriosclerosis Arthritis Asthma Ataxia of Muscles Aura Builder Autism Autointoxication Back Bent Back Pain Back Stiff Bad Breath Bad Complexion Bad Teeth, Gum Infection Beckets Bed Wetting Biliousness Bites; Insects Bladder Infection Bladder Inflammation Bladder Troubles Blood Clot Blood Diseases Blood Pressure – HIGH Blood Pressure - LOW	Boils Bones - Fractured/Broken Botulism Bradycardia Breast Trouble Breast Tumor Breath - Shortness Breathing Labored Bright's Disease Bronchitis Bronchopneumonia Bruises Bubonic Plague Bunion Pain Burns - General Burns - Radiation Burns - Radium Burns - X-ray Bursitis Cancer - External Cancer - Internal Cancer - Leukemia Cancer - Sarcoma Candidiasis or Thrush Carbuncles Carcinoma Cardiac Depressant Cardiac Hypertrophy Cataract Catarrh Catarrh in Colon Cerebral Palsy Cerebral-Spinal Problems Cervical Gland Problems Cervicitis Chancroid Ulcers Chicken Pox #1 Chicken Pox #2 Chilblains Childhood Diseases Chronic Fatigue Cleans Blood Plasma	Cold Feet Cold Hands Cold in Head, Chest, Etc. Cold Sores Colic Colitis Colon Inflammation Colon Pain Complete Frequency Set Conjunctivitis Constipation Contraction Convulsions Corns in Feet Costalgia - Chest Pain Coughing - Colds COVID Mutations COVID Virus Cramps Cricks in Neck Cuts Cystitis Dandruff - Scales Deafness Dental Ulcers Diabetes Diabetic Ulcers Diarrhea Digestion Diphtheria Distended Organs Distended Stomach #1 Distended Stomach #2 Down Syndrome Dreams Dropsy Drug Addiction Dullness Duodenal Ulcer #1 Duodenal Ulcer #2 Dysentery (Intestine)
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QUANTUM FREQUENCY

Dysmenorrhea (Painful Period) Dyspepsia (Indigestion) Ear Discharges Earaches EARS - Balance EARS - Dizziness EARS - Hard to Hear EARS - Ringing Easily Depressed Easily Fatigued Eczema Edema Elbow Pain Endocarditis (Heart Lining Inflammation) Enlarged Blood Vessels Enlarged Glands Enuresis (Involuntary Urination) Epididymitis (Inflammation of Testicles) Epilepsy – Fits Erectile Dysfunction Erysipelas Esophagus Eustachian Tube EYE Inflammation EYE - Arteriosclerosis EYE – Bifocal EYE – Blurred EYE - Cataract EYE - Colorblind EYE - Crossed EYE - Degeneration EYE - Diplopia (Seeing 2 images) EYE - Eyelid Droop EYE - Farsighted EYE - Infected EYE - Lacrimal (Secretion of tears) Indigestion #2	EYE - Nearsighted EYE - Nerve Pain EYE - Strained EYE - Sty Eyelid Swelling Facial Cramps Facial Paralysis Fainting Falling Hair Fascia (Nerve, Organ, Bone, Blood Vessel Tissues) Fears Female Disorders Fever, All Kinds Fibrous Tissue Under Skin Fissures Fistula – Ulcer Flashes - HOT Flatulence Flu Fluid in Lungs Fluid in Testicle Food Poisoning #1 Food Poisoning #2 Foot Blisters Frigidity Female Frost Bite Frozen Joints Gallbladder Gall Stones Gangrene Gas Pains - Stomach - Colon Gastric Ulcers Gastritis Giddiness - Dizzy Glandular Fever Glaucoma Goiter Gonad Inflammation (Man's Genitals) Gonorrhea Gout Gouty Ulcers	Infection-Shingles) Gravel Deposits in Urine Grippe - Influenza Gums - Inflamed Hair Loss #1 Hair Loss #2 Hallucinations Hangover Hay Fever Head Injury Head - Pressure In Headaches Heart Disorders Heart Injuries Heart Palpitations Heartburn Hemorrhage Hemorrhoids Hepatitis Hereditary Sex Disorder Hernia Hernia of Disc Herpes Herpes Zoster Hiccoughs?? High Fever - Pyrexia Hip Pain Hives - Urticaria Hoarseness Hormonal Imbalance Hot Flashes Hydrocele - Swelling Scrotum Hyperacidity Hypersomnia - Excessive Sleep Hypertension Hypochondrium Hypoxia - Low Oxygen Hysterical Symptoms Ileocolonic Impotence Increase Height Indigestion #1
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QUANTUM FREQUENCY

Infantile Paralysis Infections #1 Infections #2 Inflamed Heart Covering Inflamed Testicles Inflammation of Breast Influenza Injection - Allergies Injuries Insomnia Intellectual Disability Intelligence Increase Intercostal Neuralgia Intestinal Spasms Intestines - To Flush Intestines - Inflamed Intoxication Irritability Itching – Anus, Toes, Feet Jaundice Joint Problems Joints Inflamed Kidney Kidney Inflammation Knee Pains Lack of Conductivity Lassitude - Weak, Lack Energy Laxative - Mild Legs Leprosy (infection) Leucorrhea (Vaginal Discharge) Leukemia (cancer) Leukocyte Builder Liver Inflammation Liver – Enlargement Locomotor Ataxia - Can't Control Body Movements Lumbago (Muscle/Joint Pain in Lower Back) Poor Circulation Prostate Gland Pruritus - Anus (Intense Itching) Psoriasis	Lumbar Vertebrae (back) Lungs - Breathing Lupus Vulgaris Lymph Glands Plugged Lymphatic Depressant Malaria (parasite) Measles Melancholia (depression) Memory Loss Meningitis - Inflammation of Brain/Spinal Cord Membranes Menopausal Transition Menses Mental Irritability Mental Retardation Migraine Moth Patches Motion Sickness Mouth Eruptions Mucous Multiple Sclerosis Mumps Muscle Failure Muscle Repair Muscle Spasms Muscle Strain Muscles - Heart, Arm Muscular Dystrophy Myocarditis - Inflammation of Heart Muscle Nausea Neck Nephritis - Kidney Nephrons Inflamed Nerve Inflammation Nerve Stimulator Neuralgia - Pain Caused by Damaged Nerves Neuralgia – Arms Sore Throat Spermatorrhea (semen incontinence) Spondylitis - Spine Joint Inflammation	Neurasthenia - Fatigue, Irritability Neuritis (Inflammation of Peripheral Nerves) Neuropathy Neurosis Nicotine Poisoning Nipples Sore No Menstruation Nocturnal Emission Nose Disorders Numbness of Extremities Obsessive Fears Occipital Neuralgia Operations (Antiseptic) Oral Inflammation Orchitis - Testicle Inflammation Osteoarthritis Osteomyelitis Ovaries Pain - Paralysis Pains in the Knee Pancreas Disorder Paralysis Parasites Pelvic Disorders Peptic Ulcers Pericarditis #1 Pericarditis #2 Peritonitis Persistent Disorders Pharyngitis (Throat swelling Infection, Irritation) Piles (Hemorrhoids) Pin Worms (parasite) Pleurisy Pneumococcus Ulcers Pneumonia Poliomyelitis Polyps, Growth Poor Appetite
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QUANTUM FREQUENCY

Ptomaine FOOD Poisoning Ptosis - Abnormal Low Eyelid Drooping Pyorrhea - Gum Infection Pyrexia - Fever HIGH Rabies Raynaud's Disease Restless Leg Syndrome Rheumatism Rheumatoid Arthritis Rhinitis (stuffy or runny nose) Rib Pain Ringworm (parasite) Scarlet Fever Schizophrenia Sciatica Nerve Scurvy (vit C defic.) Sedative - Induces Sleep Semi Paralysis Sexual Diseases Sexual Weaknesses Shell Shock (PTSD) Shingles Shock Sinus Disorders Sinus Pressure Sinusitis Skin Hemorrhages Skin Inflammations Skin Problems #1 Skin Problems #2 Smallpox Smell - Morbid Smell - None Sneezing	Solar Plexus: Pain Spongy Gums (gum bleeding) Sprains Stammering (stutter) Staphylococcus Infection Stenosis Sterility Stiff Shoulder #1 Stiff Shoulder #2 Stiffness of Neck Stimulates Ovarian Elim Stomach Cramps Stomach Pain Stomach Swelling Streptococcus Infection Streptothrix-Mold Stroke Sty (eye infection) Sunstroke - Cold Sunstroke - Hot Suprarenal Stimulant Surgery Swelling - General Swelling - Legs, Feet Syndrome Disorders Syphilis Tachycardia (fast heart rate) Taste - None Taste - Morbid, Hypersomnia Teeth- Bad, Gum Infection Testes Inflammation Tetanus Thalamus Throat Inflamed	Thrombosis (blood clot) Thymus Gland Stimulator Thyroid issues Tonsilitis Toothache Trachoma (eye bacterial infection) Trauma Trench Mouth (gum disease, gingivitis) Tuberculosis Tumors – Any Kind Twisted Joints Typhoid Fever Ulcers Ulcers in Mouth Unconsciousness Underweight Urethritis (inflammation of the urethra) Urticaria (chronic hives) Vaginal Discharge Water Blisters Weak Stomach Weight Control Whiplash (neck injury) Worms (parasite) Yellow Fever
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QUANTUM FLOWERS

Flower	What it is good for
1. Agrimony	Unable to effectively communicate your real feelings and worries. Often hide your feelings behind humor. Prone to use alcohol or drugs in excess.
2. Alpine Mint Bush	Releases Lack of Joy and Feeling Burdened. Enhances Renewal and Revitalization.
3. Angelsword	Releases spiritual confusion. Enhances spiritual communication.
4. Aspen	Fear that is vague and unexplainable with no apparent cause.
5. Autumn Leaves	Releases Difficulties in Passing On. Enhances Letting Go and Moving On.
6. Banksia Robur	Releases Feeling Disheartened and Frustrated. Enhances Enjoyment of life and Enthusiasm.
7. Bauhinia	Releases Resistance to Change, Rigidity and Reluctance. Enhances Acceptance and Open-Mindedness.
8. Beech	Critical toward other people and difficult to accept them as they are.
9. Billy Goat Plum	Releases Shame and Physical Loathing. Enhances Sexual Ease, Enjoyment and Open-Mindedness.
10. Black-eyed Susan	Releases Impatience, Feeling Overcommitted and Constant Striving. Enhances Slowing Down and Inner Peace.
11. Bluebell	Releases feeling closed, greed and rigidity. Enhances belief in abundance, universal trust and joyful sharing.
12. Boab	Releases negative patterns and recipients of abuse. Enhances personal freedom.
13. Boronia	Releases feeling brokenhearted and stuck. Enhances clarity, serenity and creative visualization.
14. Bottlebrush	Releases feeling overwhelmed by major life changes. Enhances serenity, calmness and the ability to cope.
15. Bush Fuchsia	Releases feeling switched off, feeling nervous with public speaking and clumsiness. Enhances courage to speak out, Being In touch with your intuition and clarity.

QUANTUM FLOWERS

Flower	What it is good for
16. Bush Gardenia	Releases Stale Relationships and Unawareness. Enhances Passion and Improves Communication.
17. Bush Iris	Releases Materialism and Physical Excess. Enhances Awakening Spirituality and Clearing Blocks in Trust.
18. Calophyllum	Releases Lack of Commitment and Staying in Comfort Zone. Enhances Resilience, Strong Sense of Morality and Leadership.
19. Centaury	Often serving others, neglecting oneself. Unable to say no, easily gets imposed on.
20. Cerato	Unable to trust your own judgment in decision-making.
21. Cherry Plum	Fear of losing control of thoughts and actions and doing things they perceive are wrong.
22. Chestnut Bud	Takes longer to learn a lesson. Constantly making the same mistake over and over again.
23. Chicory	Critical, opinionated and argumentative. Often find fault in others.
24. Christmas Bell	Releases Poor Stewardship of Possessions. Enhances or Helps to Manifest Desired Outcome.
25. Clematis	Unhappy with life and withdraw into fantasy worlds. Ungrounded and indifferent to the details of everyday life. Difficulty with clarity and alertness in the moment.
26. Crab Apple	Constantly feeling dirty, needing to wash your hands often, feeling ugly.
27. Crowea	Releases Uneasiness. Enhances Peace, Calmness, Balance and Clarity of Feelings.
28. Dagger Hakea	Releases Resentment and Bitterness Towards Others. Enhances Forgiveness and Open Expression of Feelings.
29. Dog Rose	Releases Shyness and Feeling Insecure. Enhances Confidence, Belief in Self and Courage
30. Dog Rose of the Wild Forces	Releases Anxiety and Mental Uneasiness. Enhances Calmness, Being Centered and Emotional Balance.

QUANTUM FLOWERS

Flower	What it is good for
31. Elm	Feeling overwhelmed, often depressed and exhausted with low self-esteem.
32. Five Corners	Releases Low Self-Esteem. Enhances Acceptance of Self.
33. Flannel Flower	Releases Being Insensitive and Difficulty Communicating Feelings. Enhances Gentleness, Expression of Feelings and Openness.
34. Freshwater Mangrove	Releases Prejudices and Feeling Inexperienced. Enhances Feeling open to new experiences and people.
35. Fringed Violet	Releases Low Energetic Protection. Enhances and Strengthens Energetic Field.
36. Gentian	Discouraged and depressed when things go wrong or when you are faced with even small changes.
37. Gorse	Feeling hopeless and have given up.
38. Green Essence	Releases Emotional Distress. Enhances Purifying.
39. Green Spider Orchid	Releases Negative Experiences from the Past. Enhances Discernment in Communication.
40. Grey Spider Flower	Releases Psychic Forces and Dreams. Enhances Faith, Calm and Courage
41. Gynea Lily	Releases Arrogance, Attention Seeking and Craving Status. Enhances Humility, Awareness and Appreciation of Others.
42. Heather	Unhappy being alone for any length of time, always seeking companionship and find it necessary to discuss your affairs with others, no matter who it may be.
43. Hibbertia	Releases Excessive Self-Discipline, Superiority and Needing to be a Perfectionist. Enhances Being Content with your own Knowledge.
44. Holly	Suffer from angry thoughts such as jealousy, envy, revenge and/or suspicion.
45. Honeysuckle	Thoughts are in the past rather in the present, living in the past instead of being in the present.

QUANTUM FLOWERS

Flower	What it is good for
46. Hornbeam	Insufficient mental or physical strength to carry the daily burdens.
47. Illawarra Flame Tree	Releases Feeling a Sense of Rejection and Feeling Uncomfortable with Responsibility. Enhances Confidence, Commitment, Self-Reliance and Approval.
48. Impatiens	Little or no patience with others, prefer to work alone. An impatient attitude and persistent stress.
49. Isopogon	Releases Stubbornness and having a Controlling Personality. Enhances Learning from past experience and Relating without Manipulating.
50. Jacaranda	Releases Feeling Scattered, Changeable, Dithering and Rushing. Enhances Decisiveness and Feeling Centred.
51. Kangaroo Paw	Releases Unawareness, Insensitivity and Ineptness. Enhances Kindness, Sensitivity and Being able to Relax.
52. Kapok Bush	Releases Apathy, Resignation and Discouragement. Enhances Willingness, Persistence and Perception.
53. Larch	Lacks self-esteem and confidence.
54. Lichen	Releases Not Knowing to Look For and Move into the Light When Passing Over. Enhances or Assists Separation Between the Physical and Etheric Body.
55. Little Flannel Flower	Releases Seriousness in Children and Grimness in Adults. Enhances Feeling Carefree, Playfulness and Joyfulness.
56. Macrocarpa	Releases Feeling Drained and Jaded. Enhances Enthusiasm and Inner Strength.
57. Mimulus	Fear of illness, being alone, losing a job, fear of speaking or the fear of dogs, spiders, etc. Also, debilitating shyness.
58. Mint Bush	Releases Perturbation and Confusion. Enhances Clarity and Calmness.
59. Moga Waratah	Releases Neediness, Codependency and having an Addictive Personality. Enhances Self-Empowerment and Strengthens One's Will.
60. Mountain Devil	Releases Hostility, Holding Grudges and Suspiciousness. Enhances Happiness, Healthy Boundaries and Forgiveness.

QUANTUM FLOWERS

Flower	What it is good for
61. Mulla Mulla	Releases Emotional Distress Associated with Exposure to Heat and Sun. Enhances Feeling Comfortable with Fire, Sun and Heat.
62. Mustard	Suddenly depressed without any reason, happiness and cheerfulness disappear.
63. Oak	An over-achiever, work-alcoholic and ignores exhaustion
64. Old Man Banksia	Releases Feeling Disheartened and Frustrated. Enhances Enjoyment of Life and Renews Enthusiasm.
65. Olive	No energy, vitality and interest in life.
66. Paw Paw	Releases Feeling Overwhelmed and Unable to Resolve Problems. Enhances Assimilation of New Ideas, Calmness and Clarity.
67. Peach-flowered Tea-tree	Releases Feeling Uncommitted, Easily Bored and Hypochondria. Enhances the Ability to Complete Projects and Personal Stability.
68. Philotheca	Releases the Inability to Accept Acknowledgement and Excessive Generosity. Enhances the Ability to Let in Praise and Looking After Own Needs.
69. Pine	Never content with your efforts and results, feel guilt and self-reproach, often for other people's mistakes or just anything that goes wrong.
70. Pink Flannel Flower	Releases Feeling Unappreciative, Unhappy and Taking for Granted. Enhances Gratitude, Feeling Open-Hearted and Appreciative.
71. Pink Mulla Mulla	Releases Feeling Guarded to Prevent Being Hurt and Keeping People at a Distance. Enhances Trusting and Opening Up.
72. Red Chestnut	Anxious and afraid that some unfortunate things may happen to your loved ones.
73. Red Grevillea	Releases Feeling Stuck, Reliant On Others and Oversensitive.
74. Red Helmet Orchid	Releases Rebelliousness, Being Hot-Headed and Selfishness. Enhances Sensitivity, Respect and Consideration.
75. Red Lily	Releases Being Vague, Feeling Disconnected and having a Lack of Focus. Enhances Feeling Grounded, Focused and Living in the Present.

QUANTUM FLOWERS

Flower	What it is good for
76. Red Suva Frangipani	Releases Emotional Upheaval and Rawness. Enhances Feeling Calm, Nurtured and Emotional Resilience.
77. Rock Rose	Experiencing fears, scares or terror causes one to freeze unable to move and or think clearly.
78. Rock Water	Expect too much of yourself.
79. Rough Bluebell	Releases Being Deliberately Hurtful, Manipulative, Exploitive or Malicious. Enhances Compassion and Sensitivity.
80. Scleranthus	Unable to make simple decisions.
81. She Oak	Releases Female Emotional Imbalance. Enhances Emotionally Open to Conceive and Female Emotional Balance.
82. Silver Princess	Releases Feeling Aimless, Flat and Having a Lack of Direction. Enhances Motivation, Direction and Life purpose.
83. Slender Rice Flower	Releases Prejudice, Racism and Narrow-mindedness. Enhances Humility, Group Harmony and Cooperation
84. Southern Cross	Releases having a Victim Mentality, Complaining and Bitterness. Enhances Personal Power, Taking Responsibility and Positiveness.
85. Spinifex	Releases the Sense of Being a Victim of Illness. Enhances or Aids Empowerment Through Intuitive Awareness of the Body.
86. Star of Bethlehem	The distress and unhappiness feels unbearable when you experience trauma, serious news, loss of someone dear, the fright following an accident etc.
87. Sturt Desert Pea	Releases Sorrows. Enhances Letting Go and Triggers Healthy Grieving.
88. Sturt Desert Rose	Releases Guilt, Regret, Remorse and Being Easily Influenced. Enhances Courage, Conviction, Being True to Self and Integrity.
89. Sundew	Releases Indecisiveness, Lack of Focus and Daydreaming. Enhances Groundedness, Being Focused and Living in the Present
90. Sunshine Wattle	Releases Feeling Stuck in the Past and Expectations of a Grim Future. Enhances Optimism, Acceptance and Being Open to a Bright Future.

QUANTUM FLOWERS

Flower	What it is good for
91. Sweet Chestnut	Your mind or body feels as if it has tolerated the uttermost limit of its endurance. It feels as though there is nothing, but destruction and annihilation left to face.
92. Sydney Rose	Releases Feeling Separated, Deserted, Unloved or Morbid. Enhances Feeling Safe and at Peace, Compassion and Unity.
93. Tall Mulla Mulla	Releases Feeling Fearful of Mixing with Others and Avoiding Confrontation. Enhances Feeling Relaxed with others and Encourages Interaction.
94. Tall Yellow Top	Releases Loneliness, Isolation and Abandonment. Enhances a Sense of Belonging and the Ability to Reach Out.
95. Turkey Bush	Releases Creative Blocks and Disbelief in your Own Ability. Enhances Inspiration, Renews Artistic Confidence and Focus.
96. Vervain	Strong-willed and hold strong views. Putting unnecessary effort into everything you undertake, your mind races ahead of events, often suffer from lack of sleep due to an overactive mind.
97. Vine	Difficult to respect other people's views and ideas, tend to try to persuade other people to do things your way.
98. Walnut	Unable to break free from old ties or to move forward and make the necessary changes in order to be happy.
99. Waratah	Releases the Inability to Respond. Enhances Courage, Tenacity and Adaptability.
100. Water Violet	Often a loner, cold or warm relationships with other people. Often find lonely.
101. Wedding Bush	Releases Difficulty with Commitment. Enhances Dedication to Purpose.
102. White Chestnut	Mind is cluttered, often with negative thoughts.
103. Wild Oat	Unable to make life decisions.
104. Wild Potato Bush	Releases Feeling Weighed Down or Encumbered. Enhances Freedom, the Ability to Move On and Renewed Enthusiasm.
105. Wild Rose	Unable to take responsibility for your own life, work and the world in general.

QUANTUM FLOWERS

Flower	What it is good for
106. Willow	Feel sorry for yourself, have suffered adversity or misfortune and find it difficult to accept.
107. Wisteria	Releases Being Closed Sexually and Macho Male Attitude. Enhances Sexual Openness and Gentleness.
108. Yellow Cowslip Orchid	Releases Being Critical, Judgmental and Bureaucratic. Enhances Humanitarian Concern, Impartiality and Being Constructive.

QUANTUM CHAKRAS

Chakra	Possible Associated Imbalances
1. Crown	Migraines, brain tumors, coma, amnesia, nervous system and muscular system disorders, mental issues, skin disorders.
2. Third Eye	Headaches, eye problems, pituitary, pineal glands, neurological problems.
3. Throat	Fever, ear infections, weariness, thyroid problems, disorders in the throat, ears, voice, neck, cervical spine, hypothalamus, esophagus problems.
4. Heart	High blood pressure, breathing difficulties, circulation problems, shortness of breath, chest pains, disorders of the heart, tension between the shoulders.
5. Solar Plexus	Diabetes, hypoglycemia, gallstones, nervousness, low energy, muscle cramps, stomach problems, lumbar spine, liver disorders.
6. Sacral	Uterine or bladder problems, sexual difficulties, impotence, lack of flexibility, sciatica, lower back problems, problems with large intestines.
7. Root	Joint pain, lower backache, elimination problems, obesity, constipation, anorexia, poor immune system function

INNER VOICE

1. (C) Zone 1	5. (E) Zone 5	9. (G#) Zone 9
2. (C#) Zone 2	6. (F) Zone 6	10. (A) Zone 10
3. (D) Zone 3	7. (F#) Zone 7	11. (A#) Zone 11
4. (D#) Zone 4	8. (G) Zone 8	12. (B) Zone 12

QUICK SCAN

1. Morning 1	9. Super Charger 1	17. Relax 3
2. Morning 2	10. Super Charger 2	18. Grounding 1
3. Morning 3	11. Super Charger 3	19. Grounding 2
4. Evening 1	12. Focus 1	20. Grounding 3
5. Evening 2	13. Focus 2	21. Neuro Aerobics 1
6. Evening 3	14. Focus 3	22. Neuro Aerobics 2
7. Energetic Clearing	15. Relax 1	23. Neuro Aerobics 3
8. Energetic Shield	16. Relax 2	

INNERGY HOMEO-ENERGETIX

1. ADD ADHD Support	19. Female Endocrine Support Plus	37. Prostate Support
2. Adrenal Thyroid Support	20. Graviola Immune Support	38. Protozoa Trav Plus
3. AntiStress Support	21. Heart Plus	39. Psora Plus (Miasm) Detox
4. Arteriol Sclerosis Plus	22. His Hers Endocrine Reproductive Support	40. Radiation Detox
5. Aspartame Plus Detox	23. Herpes Simplex Detox	41. Sciatica Support
6. Aspergillus Plus Detox	24. Hypertension Circulation Support	42. Silicone Detox
7. Bacteria Detox	25. Insect Detox	43. Sinus Plus Allergy
8. Baptisia Tinctoria 3X	26. Insomnia Detox	44. Sleep EZ
9. Body Systems Support	27. Lithium Plus	45. Sycosis (Miasm) Detox
10. Camu C Plus	28. Lyme Detox	46. Syphilinum (Miasm) Detox
11. Candida Detox	29. Mammary Plus	47. Trace Mineral Complete
12. Carcinosis Detox	30. Menopause Support	48. Ultimate Emotions
13. Cerebral Detox	31. Metal Plus Detox	49. Vaccination Detox
14. Chemical Detox	32. Mold Fungus Detox	50. Verma Plus Detox
15. Dental Detox	33. Nerve Eze Plus	51. Virus Detox
16. Diabetes Assist	34. Neuro Endocrine Support Plus	
17. EBV DT (Epstein Bar Virus Detox)	35. Nicotine Detox	
18. EGA DT (E.coli Giardia Amoeba Detox)	36. Pesticide Detox	

INNERGY HOMEO-ENERGETIX

Name	Usage
1. ADD/ADHD SUPPORT (24 homeopathic remedies, 20 herbals)	ATTENTION DEFICIT/HYPERACTIVITY DISORDER SUPPORT - Chronic neurological condition that includes attention difficulty, hyperactivity, restlessness, and impulsiveness. - Trouble paying attention (easily sidetracked). - Doesn't like or avoids long mental tasks (such as homework). - Trouble staying on task during school, at home, or even at play - Disorganized and seems forgetful. - Doesn't appear to listen when directly spoken to - Doesn't pay close attention to details. - Interrupting conversations, acting without thinking - Little or no sense of danger.
2. ADR THY SUPPORT	ADRENAL-S & THYROID SUPPORT ADRENAL GLANDS: - Pair of ductless glands sitting on top of the kidneys - Produce hormones that help regulate your metabolism, immune system, blood pressure, response to stress and other essential functions THYROID GLAND: - Makes hormones that help control vital functions of the body; hormones that help regulate the body's metabolic that controls heart, muscles, and digestive function
3. ANTI-STRESS SUPPORT	Help alleviate stress Serves to prevent emotional or physical stress Support self-care to help reduce stress and anxiety
4. ARTERIOL SCLEROSIS PLUS (5 homeopathic remedies, 20 herbals)	Form of cardiovascular disease involving hardening and loss of elasticity of arterioles or small arteries - Thickening of the arteriole walls Fatty deposits that reduce and obstruct blood flow

INNERGY HOMEO-ENERGETIX

Name	Usage
5. ASPARTAME PLUS DETOX	- Harmful artificial non-saccharide sweetener - Classified as carcinogenic to humans - Far worse than sugar - Studies link this to weight gain, increased appetite, diabetes, metabolic derangement and obesity-related diseases - Severe side effects for certain people with the genetic disease phenylketonuria (PKU), those with advanced liver disease, and pregnant women with hyperphenylalanine (high levels of phenylalanine in blood) who do not effectively metabolize the amino acid phenylalanine in aspartame
6. ASPERGILLUS PLUS DETOX (7 homeopathic remedies, 20 herbals)	- Infection caused by <i>Aspergillus</i>, a common mold (type of fungus) that lives indoors and outdoors - People with weakened immune systems or lung diseases are at higher risk of developing health problems due to <i>Aspergillus</i> - Allergic reactions, lung infections, and infections in other organs
7. BACTERIA DETOX	All types of (bad) bacteria that are non-beneficial to the microbiome and can result in infections
8. BAPTISIA TINCTORIA 3X (Wild Indigo)	Blood poisoning, delirium, gastric fever, intestinal toxemia (of children), septicemia, swollen heavy eyelids, audible palpitations.
9. BODY SYSTEMS SUPPORT (69 homeopathic remedies, 20 herbals)	Full body system support covered under a collection of all Body Systems that work together to serve a common purpose: growth, reproduction, survival.

Name	Usage
10. CAMU C (60x stronger than orange)	- Whole food vitamin C from camu camu berries - Contains natural quercetin - Tests for C-reactive protein (CRP) markers for inflammation showed Camu C really brings down the C-reactive protein markers down - significantly! (C-reactive protein (CRP) is a protein made by the liver. CRP levels in the blood increase when there is a condition causing inflammation somewhere in the body. A CRP test measures the amount of CRP in the blood to detect inflammation due to acute conditions or to monitor the severity of disease in chronic conditions.) - From neurological standpoint for brain and nerve function, Camu Camu has proven to increase serotonin (feel good kind) levels and serotonin cycling
11. CANDIDA DETOX	- For Candidiasis, a fungal infection caused by a yeast (a type of fungus) called Candida. Some species of Candida can cause infection in people, the most common is Candida albicans. Candida normally lives on the skin and inside the body, in places such as the mouth, throat, gut, and vagina, without causing any problems.
12. CARCINOSII DETOX (miasm)	Carcinosii/carcinosin miasm. Shows up as a genetic family tendency towards cancer. - Carcinosin has a strong affinity to the immune system. Carcinosin is a miasmatic homeopathic nosode remedy - derived from breast cancer. When the body is out of balance, the immune system becomes unable to clearly define what belongs to it and what is foreign. It will attack the body in the same way that it does any foreign material giving rise to all kinds of chronic inflammation, fevers and autoimmune problems, chronic allergies, viral infections, and even chronic skin problems such as psoriasis.

INNERGY HOMEO-ENERGETIX

Name	Usage
13. CEREBRAL DETOX	CEREBRAL - BRAIN DETOX - CEREBRAL FLUID - Related to the brain; Brain detoxification from toxins - Attained via deep restorative sleep during sleep hours of 7+ - Sleep habits must include dark room, cool temperature, avoid eating 3 hours before bed for a successful brain detox
14. CHEMICAL DETOX	- Detox from exposure to toxic pollutants, synthetic substances, heavy metals, plastics. Ingesting man-made chemicals - BPAs, DDT, PCB, etc.
15. DENTAL DETOX	- Root canals, mercury fillings - Possible infection from dental procedure
16. DIABETES ASSIST (15 homeopathic remedies)	- Body's inability to make enough insulin - Lack of insulin causes cells to stop responding to insulin resulting in too much sugar remaining in bloodstream - Frequent urination, excessive thirst, extreme hunger, blurry vision, weakness and fatigue, pins and needles - Can be used with Sycosis Detox
17. EPSTEIN BAR VIRUS DETOX	Also known as human herpesvirus 4, a member of the herpes virus family. It is one of the most common human viruses. It spreads primarily through saliva and can cause the infection 'Mononucleosis' which can cause swollen tonsils, headache, sweats, sore throat, swollen lymph nodes in neck and sometimes an enlarged spleen.

Name	Usage
18. E. COLI GIARDIA AMOEBA DETOX	ECOLI: - Escherichia coli, also known as E. coli, is a Gram-negative, facultative anaerobic, rod-shaped, coliform bacterium commonly found in the lower intestine Bacteria found in the environment, foods, and intestines of people and animals GIARDIA: - Parasites that live in the intestines of people and animals - Parasite that attaches itself to the lining of the small intestines in human - They thrive in contaminated food, water, and soil, and can survive outside a host for long periods of time AMOEBAS: - Entamoeba histolytica (E. histolytica) parasite - A single-celled organism - People can get this parasite by eating or drinking something that's contaminated with it. - Amoeba lives quietly in their gut, feeding on bacteria without causing trouble. But in others, the parasite attacks the gut itself and can cause potentially fatal diarrhea, intestinal ulcers, and liver abscesses
19. FEMALE ENDOCRINE SUPPORT (23 homeopathic remedies, 20 herbals)	- Support hormone secreting organs - Support hormones that help coordinate metabolism, growth, reproduction, development, control emotions, mood, sexual function - Control how hormones are secreted.
20. GRAVIOLA IMMUNE SUPPORT	GRAVIOLA (SOURSOP) - Help maintain smooth digestive function - Support immune health - Support antioxidant health - Help fight free radicals that damage cells - Help maintain healthy blood pressure

INNERGY HOMEO-ENERGETIX

Name	Usage
	- Help increase T-cells (the fighter cells) - Cancer support
21. HEART PLUS	Energetically supports the heart. It's the frequency equivalent of CoQ10 ubiquinol.
22. HIS/HER ENDOCRINE REPRODUCTIVE SUPPORT (18 homeopathic remedies, 20 herbals)	- Fertility support - Control production of sex hormones (estrogen in women, testosterone in men), and production of eggs in women and sperm in men - Reproductive organs that involve sexual activity, fertility, menstruation, and reproduction - (Female) Regulate hormones produced by the hypothalamus, pituitary, and ovaries
23. HS DT (HERPES SIMPLEX DETOX)	- Herpes simplex virus 1 and 2 (HSV-1 and HSV-2) - Also known by their taxonomical names Human alphaherpesvirus 1 and Human alphaherpesvirus 2 - Set of viruses that produce viral infections in the majority of humans. - Both HSV-1 and HSV-2 are common and contagious
24. HYPERTENSION/ CIRCULATION SUPPORT (15 homeopathic remedies, 20 herbals)	- High blood pressure, common disorder of the circulatory system - Coronary artery disease, narrowed and damaged due to high blood pressure - High blood pressure with image to small blood vessels in legs causing poor circulation - High blood pressure with alterations in the cerebral artery structure and function that can impair blood flow - Affected organs include heart, kidney, brain, and arterial blood vessels

INNERGY HOMEO-ENERGETIX

Name	Usage
25. INSECT DETOX	- For insect bites and insecticides(type of pesticides used to kill insects). Nicotine has been used as insecticides and pesticides.
26. INSOMNIA DETOX	- For lack of sleep, sleep disorders, When the brain is unable to perform the detoxification process. Mental capacity is disarrayed. Treating underlying causes to improve sleep habits and behavior.
27. LITHIUM PLUS	- Mood support/stabilizer - Depression, anxiety - Mood support specifically for bipolar disorder, mania - Support reduction of symptoms in ADHD, eg: anger, aggression, focus, concentration
28. LYME DETOX	Tick-borne illness caused by the bacterium <i>Borrelia Burgdorferi</i> , and rarely, <i>Borrelia Mayonii</i> .
29. MAMMARY PLUS DETOX	MAMMARY PLUS - MAMMARY GLAND ACTIVATION - Energetically supports lymphatic drainage in the breast area. - It can also support other areas of the body that need drainage. - - For the Mammary glands and the Breasts. Their primary function is to secrete milk and a system of ducts that transport milk to the nipple. Present in both sexes, but usually functional only in females. Progesterone stimulates the development of the duct system. During pregnancy, these hormones enhance further development of the mammary glands. Prolactin from the anterior pituitary stimulates the production of milk within the glandular tissue, and oxytocin causes the ejection of milk from the glands

INNERGY HOMEO-ENERGETIX

Name	Usage
30. MENOPAUSE SUPPORT (25 homeopathic remedies)	- Support in the 3 stages: perimenopause, menopause, post menopause. - Ovaries in atrophy, decline in hormone production estrogen and progesterone. - Support during menstrual cycle fluctuations, patterns of periods, frequency, intensity.
31. METAL PLUS DETOX	Exposure to toxic pollutants, synthetic substances, heavy metals, plastics - Ingesting man-made chemicals
32. MOLD FUNGUS DETOX	- For a number of fungal species, Molds and masses of vegetative filaments and fruiting structures produced by various fungi. The main difference between mold and fungus is that mold is a multicellular, filamentous fungi whereas fungus is unicellular.
33. NERVE EZ PLUS (20 homeopathic remedies)	- Nervous System support, includes Central Nervous System, Peripheral Nervous System, Autonomic Nervous System - Support for the brain, spinal cord, medulla, cerebellum, midbrain, cerebral hemispheres, and network of nerves. - Support and control of thoughts and emotions. - Support for the longest cranial nerve: Vagus Nerve. - Support for the longest of all the body's nerves: Sciatic Nerve.
34. NEURO-ENDOCRINE SUPPORT PLUS (14 homeopathic remedies)	Supports neurotransmitters in the brain, gut, nervous system Network of nerves and gland cells Main support to focus on the interactions between the nervous system and endocrine system - Covers support for: hypothalamus, pituitary, thyroid, adrenal glands

INNERGY HOMEO-ENERGETIX

Name	Usage
35. NICOTINE DETOX	- Nicotine is a highly toxic and addictive chemical constituent of tobacco that can block the action of autonomic nerve and skeletal muscle cells. Nicotine has been used as insecticides and pesticides
36. PESTICIDE DETOX	- Pesticides are Chemicals used to kill fungus, bacteria, insects, plant diseases, snails, slugs, or weeds. These are also named insecticides, herbicides, rodenticides, bactericides, fungicides, larvicides.
37. PROSTATE SUPPORT (5 homeopathic remedies, 20 herbals)	- Support for the male reproductive system, which includes the penis, prostate, seminal vesicles, and testicles. - Support for the muscle-driven mechanical switch between urination and ejaculation.
38. PROTOZOA TRAV PLUS (20 herbals + 45 parasite frequencies)	- Intestinal parasite. - Pathogen common to travelers. - Intracellular parasite which enters a host cell, inhabiting cells in the host's body.
39. PSORA PLUS DETOX (Miasm)	Psora/tuberculinum miasm detox. Psora/tuberculinum refers to different strains of tuberculosis in the family line. This can show up as a predisposition to asthma, psoriasis, eczema, skin eruptions, rashes, and anything upper respiratory such as bronchitis, allergies, pneumonia, etc. Psoriasis is a contagious, intensely itchy skin condition caused by a tiny, burrowing mite. A scabies-like skin eruption
40. RADIATION DETOX	- Radiating energy in the form of waves or particles (light, heat, X-ray, nuclear) that can damage the cells that make up the body - Alpha, Beta, or Gamma: Gamma rays are the most harmful external hazard. Beta particles can partially penetrate

INNERGY HOMEO-ENERGETIX

Name	Usage
	skin, causing “beta burns”. Alpha particles cannot penetrate intact skin. - Gamma and x-rays can pass through a person damaging cells in their path.
41. SCIATICA SUPPORT (20 homeopathic remedies)	- Support for the longest and largest nerve in the human body: Sciatic Nerve, running from lower back through back of leg, and down to the toes - Support for the collection of nerve fibers in the lower spine
42. SILICONE DETOX	- To detox from silicone breast implants. - Breast explant support
43. SINUS PLUS ALLERGY	A Sinus Allergy can be triggered by seasonal pollens or encounters with dander from animals. Nasal congestion Post-nasal drip Symptoms related to eyes, nose, throat, headaches, etc.
44. SLEEP EZ	- To help attain 7+ hours of sleep that includes deep restorative sleep that can support brain detoxification. - Sleep habits must include dark room, cool temperature, avoid eating 3 hours before bed for a successful brain detox
45. SYCOSIS DETOX (Miasm)	- Sycosis/gonococcinum miasm detox - Sycosis/gonococcinum indicates gonorrhea in the family line in past generations and predisposes families to skin tags, cancer, diabetes, osteoporosis, osteopenia, heart issues, plaque in the arteries, kidney stones, ADD/ADHD, cataracts, etc. - - Sycotic miasm is held to be responsible for many sexual and urinary disorders. Affections of the joints and the mucous membranes. Inertia of the system with inability to respond are

INNERGY HOMEO-ENERGETIX

Name	Usage
	its main expression. Conditions worsened by damp weather and by contact with the sea.
46. SYPHILINUM DETOX (Miasm)	- Syphilis/luesinum miasm detox - Syphilitic miasm is oxygenoid, and is characterized by destruction. Oxygenoid is characterized by the accumulation of excess of oxygen with resultant destruction of tissues. The Body is thin and thus ill with the change of season. Homeopathic treatment can't undo the damage, but can stop the trait being passed on. Symptoms are worse at night, worse from sunset to sunrise, and worse for the heat of the bed.
47. TRACE MINERAL COMPLETE	Has the frequency signature of 70+ trace minerals. Trace minerals are essential part of health and well-being. They include minerals like copper, zinc, iron, selenium, etc.
48. ULTIMATE EMOTIONS	For detoxing/free self from negative emotions. Attain positive emotions that are free of stress, sadness, depression, or anxiety
49. VACCINATIONS DETOX	Vaccinosis (state of energetic imbalance following vaccinations) Having anaphylactic (allergic) reactions or life-threatening illnesses to vaccinations
50. VERMA PLUS	For pests or nuisance animals that spread diseases (lice, fleas, rats, rodents, etc.).
51. VIRUS DETOX	For detox from any and all types of infectious agents that can replicate inside the living cells of an organism

INNERGY HOMEO-ENERGETIX

SEFI DOTS

SEFI dot	Description
Allergy Defense	A proprietary frequency mix that supports and enhances the body's normal histamine levels.
Arthritis	A proprietary frequency mix that supports and enhances the body's joints, connective tissue, and collagen.

SEFI dot	Description
Cellular Restore	A proprietary frequency mix that supports and enhances the body's normal stem cell activity and glutathione production.
Energetic Balance	A proprietary frequency mix that supports and enhances the body's normal abilities to maintain energetic balance in unstable and constant energy disruptions in our environment.
Energetic Clear Shield	A proprietary frequency mix that supports and enhances the body's normal abilities to block EMF, 5G & 6G radiation as well as negative energies from people and places.
Energy Endurance	A proprietary frequency mix that supports and enhances the body's normal stamina levels.
Immune Defense	A proprietary frequency mix that supports and enhances the body's normal immune response to bacteria, pathogens, and viruses.

SEFI DOTS (cont.)

SEFI dot	Description
Mood	A proprietary frequency mix that supports and enhances the body's normal hormone balance with a focus on the proper balance between Dopamine and Serotonin.
Pain	A proprietary frequency mix that supports and enhances the body's normal abilities to respond to pain in a more natural process.
Perfect Body	A proprietary frequency mix that supports and enhances the body's normal metabolism and elimination.

SEFI DOTS (cont.)

SEFI dot	Description
Sleep	A proprietary frequency mix that supports and enhances the body's normal ability to naturally calm and quiet the mind allowing for a more restful sleep.
Youth Eternal	A proprietary frequency mix that supports and enhances the body's normal stress and inflammation responses allowing the body to age more gracefully.

QUANTUM HOMEOPATHICS

1. Abrotanum Artemisia	43. Arsenicum Sulph Flav
2. Acalypha Indica	44. Arum Triphyllum
3. Acetic Acid	45. Arundo Mauritanica
4. Achyranthes Calea	46. Asafoetida
5. Aconitum Napellus	47. Asarum Canadense
6. Actaea Spicata	48. Asarum Europaeum
7. Aesculus Hippocastanum	49. Aspirin
8. Aethusa Cynapium	50. Astacus Fluviatilis
9. Agaricus Muscarius	51. Asterias Rubens
10. Agave Americana	52. Aurum Arsenic
11. Agnus Castus	53. Aurum Metallicum
12. Ailanthus Glandulosa	54. Aurum Muriaticum
13. Alfalfa	55. Aurum Muriaticum Natronatum
14. Allergena	56. Aurum Sulphuricum
15. Allium Cepa	57. Avena Sativa
16. Allium Sativum	58. Ayurvedic Hydroxychloroquine
17. Aloe Socotrina	59. Bacillus Coli
18. Aloe Vera	60. Bacillus Faecalis
19. Alumen Crud	61. Bacillus Sycoccus
20. Alumina	62. Baptisia Tinctoria
21. Ambra Grisea	63. Baryta Acetica
22. Ambrosia	64. Baryta Carbonica
23. Ammonium Carbonicum	65. Baryta Iodata
24. Ammonium Muriaticum	66. Baryta Muriatica
25. Amyl Nitrosum	67. Belladonna
26. Anacardium Orientale	68. Bellis Perennis
27. Anantherum Muricatum	69. Benzoic Acid
28. Androctonus	70. Berberis Aquifolium
29. Andrographis Paniculata	71. Berberis Vulgaris
30. Antimonium Crudum	72. Bismuth
31. Antimonium Sulph	73. Blatta Orientalis
32. Antimonium Tartaricum	74. Borax
33. Apis Mellifica	75. Bothrops Lanceolatus
34. Apocynum Cannabinum	76. Bovista
35. Aralia Quinquifolia	77. Bromium
36. Aralia Racemosa	78. Bryonia Alba
37. Aranea Diadema	79. Bufo Rana
38. Argentum Metallicum	80. Bungaris Krait
39. Argentum Nitricum	81. Cactus Grandiflorus
40. Arnica Montana	82. Cadmium Sulph
41. Arsenicum Album	83. Caladium
42. Arsenicum Iodatum	84. Calcarea Carbonica

QUANTUM HOMEOPATHICS (cont.)

85. Calcarea Iodata	129. Colocynthis
86. Calendula Officinalis	130. Colostrum
87. Camphora	131. Comocladia
88. Cannabis Indica	132. Conchiolinum
89. Cannabis Sativa	133. Condurango
90. Cantharis	134. Conium Maculatum
91. Capsella Bursa Pastoris	135. Copaiva Officinalis
92. Capsicum	136. Cortisone
93. Carbo Animalis	137. Crataegus Oxyacantha
94. Carbo Vegetabilis	138. Creosote
95. Carbolic Acid	139. Crocus Sativa
96. Carduus Marianus	140. Crotalus Horridus
97. Carica Papaya	141. Croton Tiglium
98. Cascarilla	142. Culex
99. Caulophyllum Thalictroides	143. Cuprum Aceticum
100. Causticum	144. Cuprum Arsenicosum
101. Ceanothus	145. Cuprum Metallicum
102. Cedron	146. Curare
103. Chamomilla	147. Cyclamen Europaeum
104. Chelidonium Majus	148. Cypridemium
105. Chenopodium Anthelminticum	149. Damiana
106. Chenopodium Vulvaria	150. Daphne Indica
107. Chimaphila Umbellata	151. Digitalis Purpurea
108. China Officinalis	152. Dioscorea
109. Chininum Ars	153. Diverticulitis
110. Chininum Sulphuricum	154. Dolichos
111. Chionanthus	155. Drosera
112. Chocolate	156. Dulcamara
113. Cholesterinum	157. Dysentery Bacillus
114. Chromic Acid	158. Echinacea Ang
115. Cicuta Virosa	159. Eel Serum
116. Cimex	160. Elaps Cor
117. Cimicifuga	161. Elaterium
118. Cina	162. Embelia Ribes
119. Cinchona	163. Epiphegus
120. Cistus Canadensis	164. Equisetum
121. Clematis	165. Erigeron Canadensis
122. Cobaltum	166. Eucalyptus
123. Coca	167. Eupatorium Perfoliatum
124. Cocculus Indicus	168. Eupatorium Purpureum
125. Coccus Cacti	169. Euphrasia Officinalis
126. Coffea Cruda	170. Fagopyrum
127. Colchicum Autumnale	171. Ferrum Metallicum
128. Collinsonia Canadensis	

QUANTUM HOMEOPATHICS (cont.)

172. Ferrum Mur	214. Joborandi
173. Filix Mas	215. Jonosia
174. Fluoric Acid	216. Justicia Adhatoda
175. Folliculinum	217. Kali Ars
176. Formica Rufa	218. Kali Bichromaticum
177. Fraxinus Americana	219. Kali Bromatum
178. Fraxinus Excelsior	220. Kali Carbonicum
179. Gaertner Bacillus	221. Kali Chloricum
180. Galega Officinalis	222. Kali Cyanatum
181. Galphimia Glauca	223. Kali Iodatum
182. Gelsemium	224. Kali Nitricum
183. Gentiana Lutea	225. Kalmia
184. Germanium	226. Kreosotum
185. Glonoinum	227. Lac Caninum
186. Gnaphalium Polycephalum	228. Lac Vaccinum Defloratum
187. Granatum	229. Lachesis Mutus
188. Graphites Naturalis	230. Lachnanthes Tinctoria
189. Grindelia Robusta	231. Lapis Albus
190. Guaiacum	232. Lathyrus Sativa
191. Gymnema Sylvestre	233. Latrodectus Hasselti
192. Hamamelis Virginiana	234. Latrodectus Katipo
193. Hekla Lava	235. Latrodectus Mactans
194. Helleborus	236. Laurocerasus
195. Helonias	237. Ledum Palustre
196. Hepar Sulphuris Calcareum	238. Lemna Minor
197. Hippozaenum	239. Leptandra
198. Histaminum	240. Lilium Tigrinum
199. Holarrhoeana	241. Lithium Carb
200. Hura Braz	242. Lobelia Inflata
201. Hydrangea Arborescens	243. Long Hauler
202. Hydrastis Canadensis	244. Luesa
203. Hydrocotyle	245. Lycopodium Clavatum
204. Hyoscyamus Niger	246. Lycopus
205. Hypericum Perforatum	247. Magnesia Carbonica
206. Iberis	248. Magnesia Murata
207. Ichthyolum	249. Magnetis Polus Arcticus
208. Ignatia Amara	250. Mancinella
209. Insulinum	251. Melatonin
210. Iodium	252. Melilotus Alba
211. Ipecacuanha	253. Melissa Officinalis
212. Iris Versicolor	254. Menyanthes Trifoliata
213. Jequirity	255. Mephitis
	256. Mercurius Corrosivus

QUANTUM HOMEOPATHICS (cont.)

257. Mercurius Cyanatus	299. Phosphoric Acid
258. Mercurius Iodatus Flavus	300. Phosphorus
259. Mercurius Iodatus Ruber	301. Physostigma Venenosum
260. Mercurius Solubilis	302. Phytolacca Decandra
261. Mercurius Sulph	303. Picric Acid
262. Mercurius Vivus	304. Pituitrin
263. Mezereum	305. Plantago Major
264. Millefolium	306. Platina
265. Morgan Bacillus	307. Plumbum Metallicum
266. Morgan Gaertner	308. Plutonium Nitricum
267. Morphinum Muriaticum	309. Podophyllum
268. Moschus	310. Proteus Bacillus
269. Murex Purpurea	311. Prunus Spinosa
270. Muriatic Acid	312. Psora
271. Mutabile Bacillus	313. Psorinum
272. Myristica Sebifera	314. Pulsatilla
273. Naja Tripudia	315. Quercus Glandium Spiritus
274. Nat Mur	316. Radium Bromatum
275. Natrum Ars	317. Ranunculus Bulbosus
276. Natrum Carb	318. Raphanus Sat
277. Natrum Salicylicum	319. Ratanhia
278. Niccolum	320. Rheum Palmatum
279. Nitric Acid	321. RhinAllergy
280. Nuphar Lutea	322. Rhododendron
281. Nux Mosch	323. Rhus Toxicodendron
282. Nux Vomica	324. Rhus Venenata
283. Ocimum Canum	325. Ricinus Com
284. Ocimum Sanctum	326. Robinia
285. Oleander	327. Rumex
286. Onosmodium	328. Ruta Graveolens
287. Opium	329. Sabadilla
288. Osmium	330. Sabal Serrulata
289. Ova Tosta	331. Sabina
290. Oxalic Acid	332. Sambucus Nigra
291. Paeonia Officinalis	333. Sanguinaria Canadensis
292. Palladium	334. Sanicula Aqua
293. Pancreatin	335. Santoninum
294. Pareira Brava	336. Sarracenia Purpurea
295. Paris Quadrifolia	337. Sarsaparilla
296. Penicillin	338. Scarlatinum
297. Petroleum	339. Scrophularia Nodosa
298. Petroselinum	340. Scutellaria Lat

QUANTUM HOMEOPATHICS (cont.)

341. Secale Cornutum	376. Thallium Metallicum
342. Selenium	377. Theridion
343. Senega	378. Thiosinaminum
344. Sepia Officinalis	379. Thuja Occidentalis
345. Sol	380. Thymuline
346. Solidago Vigaurea	381. Thyroidinum
347. Spigelia	382. Titanium Carbonicum
348. Spongia Tosta	383. Traumeel
349. Squilla Maritima	384. Tubercular
350. Stannum Metallicum	385. Typhoidinum
351. Staphylococcin	386. Uncaria Tomentosa
352. Staphysagria	387. Upas Tiente
353. Stellaria Media	388. Urtica Urens
354. Sticta Pulmonaria	389. Ustilago
355. Stramonium	390. Uva Ursi
356. Streptococcin	391. Vaccinotoxinum
357. Strontia Carb	392. Valeriana
358. Strychninum Nitricum	393. Veratrum Album
359. Sulphur	394. Veratrum Viride
360. Sulphuric Acid	395. Verbena Urticaefolia
361. Sycosis	396. Viburnum Opulus
362. Syctic Co	397. Vinca Minor
363. Symphytum Officinale	398. Viola Odorata
364. Syphilis	399. Vipera Berus
365. Syphilis Luesa	400. Viscum Album
366. Syzygium Jambolanum	401. Wyethia
367. Tabacum	402. X-Ray
368. Taraxacum Officinale	403. Zinc
369. Tarentula Cubensis	404. Zincum Metallicum
370. Tarentula Hispanica	405. Zincum Phosphoricum
371. Tatan	406. Zincum Valerianum
372. Taxus	407. Zizia Aurea
373. Tellurium	
374. Terebinth	
375. Teucrium Marum	

CELL SALTS

Name	Usage
1. Calcarea Fluorica	Calcarea Fluorica functions as a tissue restorer. It strengthens tooth enamel and bones. It restores tissue elasticity. It helps hemorrhoids and hernia pain. It supports worn out muscles, ligaments or veins and aids chronic carpal tunnel syndrome.
2. Calcarea Phosphoricum	Calcarea Phosphoricum functions as a cell storer and cell builder. It restores cells, heals fractures, helps the digestive system and aids bone and teeth formation. It also helps arthritic joints, back and neck pain.
3. Calcarea Sulphurica	Calcarea Sulphurica functions as a blood purifier and healer. It removes waste products from blood, reduces infection and prevents sore throats and colds. It helps skin disorders such as acne or conditions with yellow discharges such as boils, open wounds, infection, eruption, and pimples.
4. Ferrum Phosphoricum	Ferrum Phosphoricum functions as a anti-inflammatory agent and oxygen carrier. It supports congestion, inflammation pain, high temperatures and quickened pulse. It reduces first stages of fever, cough or cold, accelerates healing, reduces bleeding and tends to inflammatory pain in general. It helps with blood loss, nose bleeds, and anemia. It also takes up oxygen from the air inhaled by the lungs and carries the oxygen into the bloodstream.
5. Kali Muriaticum	Kali Muriaticum functions as a detoxification agent. It purifies the blood and acts as an oxygen carrier. It treats infection and reduces glandular swelling. It aids in digestion. It helps with diseases that cause blisters such as measles, chickenpox; acne, burns and infections with white discharges. It helps with coughs and stuffy head colds. It heals white colored tongue caused by bacteria, debris, and dead cells. Kali Muriaticum combines with the organic fibrin (an insoluble protein formed from fibrinogen during the clotting of blood which forms a fibrous mesh that impedes the flow of blood). It also corrects light-colored stools (due lack of bile).
6. Kali Phosphoricum	Kali Phosphoricum functions as a nerve and brain cell agent. It supports nerve health, sleep issues and insomnia. It lessens anxiety, irritability and fatigue. It helps nerves recover, relax and regain strength. It aids breathing. It aids memory. It relieves nervous headaches, nervous dyspepsia, sleeplessness and depression. It supports chronic fatigue syndrome from overuse of the brain. It sharpens mental faculties.
7. Kali Sulphuricum	Kali Sulphuricum functions as a metabolic and pancreas conditioner. It heals the mucus membrane and the thick yellow mucus or discharge with a cough, cold, or earache. It loosens cough where mucus is difficult to cough up. It supports conjunctivitis and exudative tonsillitis. It heals skin, eruptions of the skin, and

CELL SALTS (cont.)

Name	Usage
	aids with dandruff, psoriasis, eczema, and hot flashes. Kali Sulphuricum balances metabolism, conditions of the pancreas and increases oxygen carrier capacity which assists in the elimination of wastes and toxins. It assists in the exchange of oxygen from bloodstream to the tissue cells and supports beneficial respiration.
8. Magnesia Phosphoricum	Magnesia Phosphoricum functions as a pain and cramp killer (antispasmodic). It eases cramps anywhere in the body. It eases pain and regulates involuntary muscles spasms(antispasmodic). It relaxes the muscles and nervous system and relieves tension headaches. It supports nerve and muscular tissues such as hiccups, twitching, sciatica, nerve headaches (over the eyes), convulsive fits of coughing and sudden twinges of pain. It supports healing of neuralgia and neuritis.
9. Natrum Muriaticum	Natrum Muriaticum functions as a water distributing and balancing agent. Known as common salt, sodium chloride. It regulates the balance of water in the body, controls flow of bodily fluids and reduces water retention. It regulates body temperature by the action of sweat and aids in detoxification. It aids in digestion and helps with the production of hydrochloric acid (too little acid means slow digestion). It treats eczema, aids glandular activity and cellular regeneration. It helps with colds with watery or clear mucus and cold sores with blisters or painful mouth ulcers.
10. Natrum Phosphoricum	Natrum Phosphoricum functions as an acid neutralizing agent. It neutralizes acidity when there is pain and acidity from stomach after eating and helps with heartburn, gas, regurgitation. It relieves seasickness. It treats arthritis (deficiency in Natrum Phosphoricum - sodium phosphate), this deficiency allows uric acid to form salts which become deposited around the joints and tissues causing increased stiffness and swelling and painful rheumatic symptoms). Natrum Phosphoricum aids in digestion with sensitive and disordered digestive tracts and helps with the assimilation of fats and other nutrients. It aids with digestion in colic infants who vomit curdled milk after eating. It also relieves muscle soreness caused by lactic acid buildup and reduces stiffness and swelling of joints.
11. Natrum Sulphuricum	Natrum Sulphuricum functions as a liver cleansing and detoxification agent. Known as sodium sulphate. It cleans the pancreas, kidneys and liver. It transforms waste products into excretory products and regulates density of intercellular fluids by eliminating excess water. It controls the functioning of the liver and ensures adequate supply of healthy bile (necessary for later stages of digestion). Natrum Sulphuricum treats cold and influenza. It supports digestion beyond Natrum Phosphoricum. It treats rheumatic symptoms and supports asthmatic symptoms which are

CELL SALTS (cont.)

Name	Usage
	worsened with dampness. It treats headaches from sunlight and after an injury to head (after swelling is gone).
12. Silicea	Silicea functions as a connective tissue cleanser, eliminator, and conditioner. It conditions and restores skin. It conditions/strengthens connective tissues and supports the healing process. It cleanses blood and helps the break up of pathological accumulations (like abscesses by promoting the formation of discharge or pus). It strengthens hair and nails. It treats boils or abscesses that are painful but not discharging yet and hastens pus-formation process. It also helps with building the health and strength of bones after a fracture.

NOSODES

Name	Usage
1. Anthracinum	Malignant Ulcer, Septic Fever; Furuncle with ulceration and intense burning. Suspicious insect stings, if the swelling changes color and red streaks from the wound, assess lymphatic fluid flow with any malignant pustules, black or blue blisters.
2. Ardenalinum	Main action is on kidneys; stimulation of sympathetic nerve endings, causing constriction of the peripheral arterioles with increase in blood pressure. Sensation of thoracic constriction. In chronic congestion of lung, asthma.
3. Bacillinum	Pre-Disposition to Colds / Flu like symptoms. Sore Throats. Tubercular meningitis.
4. Carcinosinum	Family history of cancer, diabetes or stroke. In children, prone to recurrent infections, especially recurrent middle ear infections, recurrent influenza and recurrent bronchitis. They may also have allergies, or autoimmune diseases like eczema, diabetes, or asthma.
5. Diphtherinum	Paleness, fatigue, anorexia, red swollen tonsil with pseudomembrane, swallow without pain but fluids are vomited or returned by the nose, breath horribly offensive; chilliness, palpitation, hypertension, sensitive motor nerves of the lower limbs.
6. Influenzinum	Preventative (homeoprophylaxis) to Flu / Bronchitis. Give Alternating with Bacillinum to eradicate the pre-disposition of Colds / Flu. Post-flu depression neurosis, encephalitic syndrome with vomiting, headache of influenza, bronchial asthma.

NOSODES (cont.)

Name	Usage
7. Lyssinum	Convulsions, nervous system; Aching in bones. Spasmodic contraction of respiratory muscles. Uterine displacement.
8. Malandrinum	Acne; Boils; Fistula; Impetigo; Knock-knee; Measles; Skin, unhealthy; Small-pox; Ill effects of vaccination.
9. Medorrhinum	The state of excess. Hereditary pre-disposition to allergies. Mucus, discharges; Urethritis; Boils, catarrh; Bedwetting; Trembling. Musculoarticular pain, burning of the small joints and backbone; Hunger, craves alcohol, defecation easy by bending backwards.
10. Meningococcinum	May be used as a preventative (homeoprophylaxis) for Meningitis. Pathogenic power in the rhinopharyngitis, cerebrospinal meningitis, septicemia.
11. Morbillinum	Hyperthermia, nasal & ocular catarrh, small white patches in mouth; Abdominal pain localized on the appendicular region. Hypertrophy of the superficial glands of the neck.
12. Parotidinum	Prophylactic against infection by mumps; Oscillating fever, pulse very rapid; Restlessness and painful sensation; Cerebral inflammation.
13. Pertussinum	Whooping cough, spasmodic cough of person suffering from bronchitis or tuberculosis.
14. Pneumococcinum	May be used as a preventative (homeoprophylaxis) for Pneumonia. Respiratory complaints localized in the bronchial region. Cardiac palpitations. Dysmenorrhea with late menses and PMS syndrome. Depressive condition. Frequent headache in the nape of the neck.
15. Psorinum	Hereditary pre-disposition to skin disorders; Itching; Anxiety; Suppressed; Eruptions; Allergies; Incessant cough; General weakness, chilliness, itching, bad smell of the body, fetidness of the eruption, profuse sweat, dry dirty rough skin, loss of reaction. Chronic congestion of the nasal mucosa, nose stuffed, discharge of bad smelling, loss of smell. Sneezing without cold, hypertrophied nasal mucosa.
16. Pyrogenium	Cough with abundant expectoration of putrid mucus; oscillating fever, pulse very rapid, restlessness and painful sensation.
17. Rubella	German Measles
18. Scirrhinum	Breast cancer; cancer; enlarged glands; Hemorrhages; Varicoses; Worms.

NOSODES (cont.)

Name	Usage
19. Staphylococcinum	Pre-diabetic condition Syndrome of acute septicemia, oscillating fever with great chill, general condition weakened.
20. Streptococcinum	Infectious condition with leucopenia & proteinuria. Streptococcus angina. Acute articular rheumatism. Tenacious migraine with vomiting of bile. Agitated dreams.
21. Streptomycinum	Made from staphylococcus, a group of bacteria that can cause a multitude of diseases as a result of infection of various tissues of the body.
22. Syphilinum	Person feels all is lost. Hopeless. Fear of insanity. Obsessive thoughts. Severe destruction of parts. Ulceration. Deltoid rheumatism. Infants begins crying immediately after birth. Failure to thrive. May be a remedy for Long Term Co-V Vacc. injury.
23. Thiosinamine	One of the most successful uses of Thiosinaminum is in dealing with post-operative adhesions.
24. Tuberculinum Bovinum	Lung Disorders. Night sweats. Pneumonia. Sore Throats. Tuberculosis. Conditions with pronounced localizations in the meninges, abdomen, skin, glands or joints. CAUTIONARY NOTE ON TUBERCULINUM FROM BOERICKE MATERIA ONLINE: - The remedy should not be given without a most careful cardiac examination. As the surgeon before the anesthetic, so must the physician know the heart before administering this drug, especially to children, and seniles-and to young seniles. He who observes this rule will have fewer clinical reproaches on his conscience. When Tuberculinum is contraindicated, recourse must be had to the nearest antipsoric. - The above caution applies also to asthma, pleuritis, peritonitis in scrofulous (tuberculous) subjects. (Dr. Nebel Montreux)
25. Vaccininum	Frontal headache as if going to burst, wake up night due to pain. Thick tongue with prominent papillae with yellow coating. Loss of appetite, cannot tolerate the smell or sight of food, abdominal bloating with pain.
26. Variolinum	As a preventive to small pox. Violent intolerable occipital headache. Post-herpetic neuralgia, impression of ball in throat. Intense pain in lumbar sacral region. Gripping pain in back, radiating towards abdomen.

AO ESSENTIAL OILS (CONT.)

BINAURAL		
1	Gamma	528 417
2	Schumann	62.64 54.81
PLANETARY FREQUENCIES		
1	Centering	126.22
2	Flower of Life, Alleviate Pain, Relax Muscles, Stress	128
3	Earth, Om, Relaxing, Soothing, Balancing	136.1
4	Pluto, Group Dynamics	140.64
5	Mercury, Intellectual Communication	141.27
6	Mars, Focused Energy, strength of Will	144.72
7	Saturn, Becoming Aware, Concentration	147.85
8	Geomagnetic Field, Immune Support	149.74
9	Hydrogen Gamma, Memory, Attention, Awareness	157.04
10	Earth Platonic Year, Clarity of Spirit, Cheerfulness	172.06
11	Chiron, Strength, Compassion, Wisdom	172.86
12	Sedna, ATP Production, Oxygenation	181.6
13	Jupiter, Creative Power	183.58
14	Culmination Cycle, Reduce Anxiety, Grounding	187.61
15	Earth Synodic Day, Dynamic, Vitalizing	194.18
16	Earth Sidereal Day, Improve Nervous System	194.71
17	Uranus, Surprise, Renewal	207.36
18	Moon Synodic, Sexual Energy and Communication	210.42
19	Neptune, Intuition, Dream Experience	211.44
20	Venus, Skin and Hair Rejuvenation	221.23
21	Moon Sidereal, Improves Sexual Energy	227.43
22	Metonic Cycle, Improves Reproductive Function	229.22
23	Moon Knot, Maintains Emotional Balance	234.16
24	Saros' Period, Improves Reproductive Function	241.56
25	Apsidis' Rotation, Focus, Meditation, Prayer	246.04
26	Schumann Resonance, Enhanced Learning, Memory	250.56
PLANETARY CHAKRA FREQUENCIES		
1	Solar Plexus, Power, Sun	126.22
2	Heart, Earth, Om, Love	136.1
3	Throat, Mercury, Communication	141.27
4	Crown, Earth Platonic Year, Spirituality	172.06
5	Root, Earth Synodic Day, Survival	194.18
6	Sacral, Moon Synodic, Sexuality	210.42
7	Third Eye, Venus, Intuition	221.23

AO ESSENTIAL OILS (CONT.)

SOLFEGGIO CHAKRA FREQUENCIES		
1	Crown, TI, Spirituality	963
2	Third Eye, SOL, Expression	852
3	Throat, FA, Relationships	741
4	Heart, MI, DNA Repair	639
5	Solar Plexus, RE, Undoing Situations and Facilitating Change	528
6	Sacral, UT, Liberating Guilt and Fear	417
7	Root, VI, Energy, Rejuvenation	396
8	Sky, EA, Reduce Pain, Alleviate Stress	174
9	Note C, DO, Centering	261.63
ORGANS		
1	Stomach	110
2	Heart	136.1
3	Pancreas	117.3
4	Gall Bladder	164.3
5	Colon	176
6	Lungs	220
7	Intestines	281
8	Fat Cells	295.8
9	Brain	315.8
10	Liver	317.83
11	Kidneys	319.88
12	Blood	321.9
13	Muscle Cells	324
14	Bladder	352
15	Adrenals	492.8
DNA/RNA		
1	DNA, Guanine	350
2	DNA, Cytosine	537.8
3	RNA, Thymine	543.4
4	DNA, Adenine	545.6
5	RNA, Phenylalanine	602.5
6	RNA, Uracil	718.2

AO ESSENTIAL OILS (CONT.)

SPIRITUAL INSIGHT		
1	Pineal Gland	120
2	Spiritual Awakening	4096
3	Spiritual Awakening	4160
4	Spiritual Awakening	4225
OTTO CLEARING AND CONNECTING		
1	OTTO C32 (skin and hair, and promotes lymphatic flow)	32
2	OTTO C64 (for tired and sore muscles and stressed ligaments)	64
3	OTTO C128 (to project sound directly into bones, joints, sore tissues, or cramped muscles)	128
4	OTTO C256 (grounding; removes fear, anxiety, stress, and worry)	256

AO ESSENTIAL OILS

Name	Usage
1. Aniseed	Upset stomach, intestinal gas, runny nose, as an expectorant to increase productive cough, as a diuretic to increase urine flow, and as an appetite stimulant.
2. Angelica	Stomach-strengthening, digestive, anti-bloating, antiseptic, immune-boosting, detoxifying, draining, (supports liver, kidney, lymph and skin function) blood-purifying, regenerating, hormonally stimulating.
3. Balsam Fir	Antispasmodic, antiseptic, expectorant, relieves cough irritation; indication: sinusitis, bronchitis, pneumonia, exhaustion.
4. Basil	Minor skin irritations, cramps, joint pain, muscular aches, spasms, gout, flatulence, and exhaustion.
5. Benzoin	Antiseptic, skin regenerating, cell renewing, wound healing, anti-inflammatory, antiseptic, expectorant; Indication: for wounds, acne, ulcers, scars, bronchitis, coughs, asthma, nervousness, tension, chapped skin, psoriasis, burns, frostbite.
6. Bergamot	Depression, stress, tension, fear, hysteria, infection (all types including skin), anorexia, psoriasis, eczema and general convalescence.

AO ESSENTIAL OILS (CONT.)

7. Bitter Orange	CNS balancing, sedative, slightly anti-inflammatory; antispasmodic, digestive stimulant, nervous digestive complaints, immunizing, stomach, liver and gallbladder tonic; astringent; for purifying the skin. Indications: sleep disorders, constipation, cleansing, bloating, overweight, cellulite, nervousness, motor restlessness, cramps, depression.
8. Cajeput	Strong mucolytic and expectorant; antiseptic, analgesic; vein-strengthening, bactericidal, indication: For nerve pain (trigeminal pain), upper respiratory tract infections, sinusitis, laryngitis, bronchitis, headaches, muscle pain, rheumatism, gout, neuralgia (of the teeth and ears), toothache, earache, asthma, diarrhea, stomach cramps, nervous vomiting, worms; urethritis, genital herpes, skin diseases.
9. Chamomile	Help address redness, hyperpigmentation, and acne.
10. Camphor	Toning, stimulating, analgesic, antiseptic, expectorant, stimulates circulation; for rheumatism, neuralgia, muscle pain, sore muscles, bronchitis, arthritis, flu, allergies. Twist into the thumb meridian for hay fever; also successful: pollen allergy.
11. Cardamom	Antiflatulent, antispasmodic, antibacterial, expectorant, stomachic; for colds, meteorism, dyspepsia, headaches and migraines.
12. Carrot Seeds	Strongly regenerates liver cells, prevents flatulence; for liver weakness, edema, skin diseases, stimulates lymph flow, promotes lactation.
13. Cedar	Antiseptic, expectorant, diuretic, soothing, lymphokinetic, restorative, hair strengthening, wound healing, promotes cell regeneration; for wounds, dermatoses, cellulite, bronchitis, hair loss; for blemished, oily skin; skin itching, acne, oily hair.
14. Cedrat	Strongly regenerates liver cells, prevents flatulence; for liver weakness, edema, skin diseases, stimulates lymph flow, promotes lactation.
15. Champaca	Pain-relieving, antispasmodic, calming, Indication: rheumatism, headaches, skin problems, cramping.
16. Chrysanthemum	Used in England to prevent migraine attacks, in Asia for all states of lack of inner order.
17. Cinnamon bark	Antiseptic and antimicrobial properties. Can be used to treat diarrhea and other problems of the digestive system.
18. Cinnamon leaf	Alleviate aches, pains, and stiffness in the muscles and joints, address acne, rashes and infections, enhance circulation, nourish the skin, slow the look of aging, and revive the skin tone.
19. Cistus	Antiseptic, strongly antiviral, antibacterial, warming, antispasmodic, lymphokinetic, anti-inflammatory, indication: for purulent, poorly healing wounds, balancing for parasympathetic complaints, for chronic disorders of the neurovegetative balance, chronic skin diseases.

AO ESSENTIAL OILS (CONT.)

20. Citronella	Slows or prevents the growth or spread of harmful airborne bacteria, repels flying insects, uplifts negative moods, and relaxes the body and mind.
21. Clary Sage	Antispasmodic, menstruation-promoting and regulating, antiseptic, for stomach and intestinal cramps, bronchitis, asthma, dys- and amenorrhea, PMS, headaches, inflamed skin, excessive sweating.
22. Clove bud	Minor pains and aches (particular dental pain) and is helpful when battling flu and colds.
23. Coriander	Antibacterial, skin-caring, flatulent, antispasmodic, slightly pain-relieving; for dyspepsia, meteorism, flu-like infections (especially for children), stomachic, digestive, for cramp-like gastrointestinal disorders, estrogen-stimulating.
24. Cumin	Pain-relieving, anti-inflammatory, flatulent, stomachic, antispasmodic, digestive, estrogen-stimulating; for dyspepsia, meteorism, cramps in the gastrointestinal tract; for tension in the head and abdomen.
25. Cypress	Astringent, antispasmodic and expectorant, antiseptic, deodorant, regulates the female hormonal system, lymphokinetic; for heavy menstruation, bleeding, bedwetting, haemorrhoids, varicose veins, cough with spasm and phlegm, bleeding gums, foot perspiration, oedema; for oily skin with acne, oily hair, dandruff.
26. Douglas Fir	Antiseptic, expectorant, mucolytic, antispasmodic; indication: for infections of the respiratory tract.
27. Elecampane	Support of the respiratory tract for coughs, bronchitis, whooping cough, dry cough, digestive disorders, urinary tract infections, heart complaints, colds, headaches, skin infections.
28. Elemi	Wound healing, antiseptic, expectorant, mucolytic, antidepressant; indication: for respiratory diseases, ulcers, scars, ulcers, bronchitis, cough, indigestion, intestinal cramps, intestinal inflammation, diarrhea.
29. Eucalyptus	Skin ailments such as burns, blisters, wounds, insect bites, lice and skin infections. It is used to relieve colds and congestion.
30. Fennel Sweet	Carminative (flatulence/gas relief), depurative, diuretic, expectorant, laxative, stimulant, splenic, and stomachic.
31. Frankincense	Antiseptic, astringent, carminative (flatulence/gas relief), digestive, diuretic, sedative, tonic and expectorant, rejuvenate aging skin, is effective with bacterial and fungal infections. The anti-inflammatory property is reputed to be an effective treatment for joint pain and arthritis, an insect repellent.
32. Galbanum	Wound-healing, anti-inflammatory, antiseptic, menstruation-promoting, pain-relieving, antispasmodic, expectorant, flatulent; for ulcerations, abscesses, menstrual disorders, rheumatism, muscle pain, bronchitis; promotes blood circulation in the pelvic floor area.

AO ESSENTIAL OILS (CONT.)

33. Geranium	Anti-inflammatory and anti-septic agent, treat skin ailments such as excessive oil, acne, eczema, dermatitis, and psoriasis.
34. Ginger root	Colds and flu, nausea (motion sickness, morning sickness), rheumatism, coughs and circulation issues, has warming properties that help to relieve muscular cramps, spasms, aches and ease.
35. Grapefruit	Astringent, regulates the function of the sweat glands, lymphokinetic, detoxifying, antiseptic; for acne, oily skin, cellulite. Strengthens the immune system and metabolism.
36. Gurjun	Anti-inflammatory, antiseptic, skin-friendly, nourishing; For inflammatory processes of the intestines, respiratory tract, urogenital tract; dermatoses.
37. Helichrysum	Reducing the appearance of blemishes and wrinkles, providing a soothing sensation for the skin, and promoting a healthy metabolism.
38. Hemlock Fir	Externally and internally for chronic bronchial diseases with strong secretion, also externally for rheumatic and neuralgic complaints; stimulates the adrenal cortex.
39. Hyssop	Mucolytic, expectorant, antibacterial, antiviral, menstrual stimulant; for coughs, bronchitis, pneumonia, sinusitis; for low blood pressure, asthma, heart-strengthening, blood-purifying.
40. Jasmine	Antispasmodic, tonic for the uterus, milk-forming; for back pain, frigidity, dry, irritated skin, eczema, to prepare for childbirth.
41. Juniper	Promotes expectoration, antiseptic, antirheumatic, detoxifying, diuretic; for cystitis, edema, rheumatism, joint pain, cellulitis, bronchitis, acne.
42. Laurel	Antibacterial, strongly analgesic, expectorant, lymphokinetic; for flu, respiratory tract infections, arthritis, rheumatism, acne, oily skin, muscle pain.
43. Lavandin	Antispasmodic, anti-inflammatory, analgesic, antiseptic, wound healing; for respiratory diseases, insect bites, itching, dermatoses, arthritis; burns, strongly cleansing and detoxifying.
44. Lavender	Analgesic, anti-convulsive, anti-depressant, anti-phlogistic, antirheumatic, antiseptic, antispasmodic, antiviral, bactericide, carminative, decongestant, deodorant, and as a diuretic.
45. Lemon	A cleanser. It is reputed as being antiseptic, and as having refreshing and cooling properties. On skin and hair it can be used for its cleansing effect, as well as for treating cuts and boils.
46. Lemongrass	Invigorating and antiseptic properties. It can be used in facial toners as its astringent properties help fight acne and greasy skin. An excellent anti-depressant, fortifies the nervous system and can be used in bath for soothing muscular nerves and pain.
47. Lime	Good to use during the cold and flu seasons, has many benefits for the skin and hair, can uplift your mood, can help you relax after a long day, and can purify the air.

AO ESSENTIAL OILS (CONT.)

48. Linalo Wood	Anti-infectious, balancing, antispasmodic, anti-inflammatory; for various infections, cell regenerating, skin problems.
49. Litsea	Balancing, antiseptic, digestive; for acne, flatulence, stomach upsets, heart complaints, stress; antipyretic.
50. Magnolia	Skin regenerating, soothing for the skin, refreshing for the soul, against hectic and stress, for tension, nervous weakness, depression, apathy, provides more joy of life, opens the senses.
51. Marjoram	Antispasmodic, antibacterial, pain-relieving; for neuralgia, rheumatism, arthritis, migraines, headaches, infections and spasms of the digestive organs, hay fever, aching muscles.
52. Melissa	Insomnia, anxiety, migraines, hypertension, diabetes, herpes and dementia.
53. Mimosa	Astringent, antiseptic; for skin care.
54. Monard	Anti-infectious, bactericidal, fungicidal, antiviral, stimulates the immune system immune system, neurotonic, nourishing and regenerating. Very helpful for fungal diseases.
55. Mountain Pine	Anti-inflammatory, antiseptic in indoor air, expectorant, stimulates blood circulation in the respiratory tract, immunostimulant; for bronchitis, sinusitis, rheumatism, gout, sore muscles.
56. Mugwort	Promotes digestion, strengthens the stomach, promotes bile flow, relieves menstrual cramps, warms the abdomen (increases blood circulation), helps to speed up the birth process (helps to expel the placenta), has a calming effect on the central nervous system, for neuritis and nerve pain, for gout and rheumatism.
57. Myrrh	Reducing inflammation and boosts the immune system. It is also reputed to be valued as a tonic, and is said to have antiseptic and anti-fungal properties.
58. Myrtle	Expectorant, antiseptic, astringent; for catarrh, bronchitis, cough, sinusitis; respiratory diseases; urinary tract inflammation, hemorrhoids; lymphokinetic; for oily, inflamed skin; varicose veins, deodorizing.
59. Nagarmotha	Stomach-strengthening, antispasmodic, skin-caring, lymphokinetic, stimulating, invigorating, firming, relieves water retention in the tissue, helps with women's complaints, PMS, promotes blood flow and milk flow, helps women with emotional disorders, irritability and depression.
60. Nard	Sedative, skin-regenerating, vein-strengthening, skin-caring, nerve-strengthening, for states of exhaustion, calming, relaxes the muscles, strengthens the cardiovascular system, promotes blood circulation.
61. Neroli	Antispasmodic, antiseptic, heart-soothing, heart-strengthening, for headaches, flatulence, tachycardia, cramp-like and nervous heart complaints, inflamed skin, couperose, fine wrinkles, dry skin, detoxification of the pineal gland.

AO ESSENTIAL OILS (CONT.)

62. Niaouli	Anti-infectious, antifungal, antiviral, strongly expectorant, immunostimulant, analgesic, expectorant, wound-healing, immune-strengthening, tissue-stimulating; for flu-like infections, coughs, bronchitis, sinusitis.
63. Nutmeg	Strong pain reliever, stimulates menstruation, Stimulates digestion; for pain, rheumatism, neuralgia, menstrual disorders, heart and circulation, helps with intestinal infections and stimulates brain activity; for bad breath and flatulence and lumbago, muscle pain, calming and invigorating.
64. Opoponax	Anti-inflammatory, antiviral, fungicidal, expectorant, epithelializing, antiseptic, soothing, astringent, menstrual stimulant, immunizing.
65. Orange	Antidepressant, antiseptic, antispasmodic, aphrodisiac, carminative, cordial, deodorant, digestive, stimulant (nervous) and tonic (cardiac, circulatory). It has also been applied to combat colds, constipation, dull skin, flatulence, the flu, gums, slow digestion, and stress.
66. Oregano	Colds, congestion, infections, insect bites and stings, muscular aches and pains.
67. Palmarosa	Antibacterial, antifungal, antiviral, neurotonic, lymphokinetic, skin-caring, antipyretic, promotes cell growth, skin-friendly, regulates the activity of the sebaceous glands, balances the cardiovascular system; for acne, eczema, dermatoses, wounds; nerve-strengthening.
68. Patchouli	Combating nervous disorders, helping with dandruff, sores, skin irritations and acne. Use as an antidepressant, anti-inflammatory, antimicrobial, antiphlogistic, antiseptic, antitoxic, antiviral, aphrodisiac, astringent, bactericidal, carminative, deodorant, digestive, diuretic, fungicidal, nerving, prophylactic, stimulating and tonic agent.
69. Pepper	Strong analgesic, stimulates digestive glands, flatulent, expectorant, antiviral, antibacterial, stimulates circulation, antipyretic; for pain, sore muscles, angina, digestive insufficiency, rheumatism, bronchitis, fever, circulatory disorders.
70. Peppermint	Combating stomach ailments. It is also viewed as an antispasmodic and antimicrobial agent.
71. Petitgrain	Strongly antiseptic, anti-infectious, immunostimulant, aphrodisiac, analgesic, expectorant, digestive, stimulates circulation - increases blood pressure, promotes concentration; stimulates the adrenal cortex, strengthens memory, promotes blood circulation, strongly fungicidal.
72. Ravensara	Antiviral, antibacterial, antifungal, expectorant, immunostabilizing, anti-inflammatory; promotes expectoration; for shingles, flu, bronchitis, sinusitis, bleeding gums, asthma, colds, sore throat.
73. Rose	Exotic aphrodisiac, an emollient in skin care products, and a balancer of the spirit.

AO ESSENTIAL OILS (CONT.)

74. Rosemary	Stimulates cell renewal and improves dry or mature skin, easing lines and wrinkles, clear acne, blemishes or dull dry skin by fighting bacteria and regulating oil secretions. It improves circulation and can reduce the appearance of broken capillaries and varicose veins.
75. Sage	Ailments ranging from muscle aches and headaches to digestive and skin problems.
76. Sandalwood	Anti-inflammatory, antiseptic, and astringent properties that may help soothe the skin and reduce inflammation. It can also help reduce stress and anxiety levels, promote relaxation, and improve mental clarity.
77. Savory	Strongly antiseptic, anti-infectious, immunostimulant, analgesic, expectorant, digestive, stimulates circulation - increases blood pressure, promotes concentration; stimulates the adrenal cortex, strengthens memory, promotes circulation, strongly fungicidal.
78. Scots Pine	Cortisone-like, lymphokinetic, anti-infectious, immune-strengthening, expectorant, stimulates circulation, antiseptic; for bronchitis, sinusitis, arthritis, poor circulation.
79. Siberian Fir	Antispasmodic, anti-inflammatory, antiseptic, expectorant; for all respiratory diseases, acne, rheumatism.
80. Silver Fir	Atmospheric antiseptic, expectorant, stimulates circulation; for respiratory diseases, for purifying the air in the room.
81. Spearmint	Reduce nasal congestion caused by the excessive buildup of phlegm and mucus in the nose and throat, thereby promoting easier breathing.
82. St. Johns Wort	Anti-inflammatory, antidepressant, antispasmodic, antiseptic; for inflammatory processes, depression, stomach ulcers.
83. Swiss Stone Pine	Antiseptic, expectorant, stimulates blood circulation; for colds, flu, bronchitis, sinusitis, smoker's cough, muscle tension, rheumatism; for room air purification.
84. Tangerine	Antiseptic properties which are highly beneficial to the skin, with its antifungal, antibacterial and wound-healing properties. This makes it useful in conditions such as acne and scarring.
85. Tarragon	Strong antispasmodic, digestive stimulant, antiviral, antibacterial, estrogen-like, anti-allergic, menstrual stimulant, flatulent, stimulates blood circulation; indication: for flatulence, hiccups / air swallowing, PMS, menstrual disorders, menstrual cramps.
86. Tea Tree (Melaleuca)	Very powerful immune stimulant. Fight all three categories of infectious organisms (bacteria, fungi, and viruses).
87. Thyme	Antiviral, antimycotic, antibacterial, expectorant, stimulates blood circulation, immune-boosting, analgesic; for respiratory diseases, infections, acne, stimulates the formation of white blood cells, for physical weakness, intestinal infections, rheumatic diseases, antispasmodic, for whooping cough, bronchial asthma.

AO ESSENTIAL OILS (CONT.)

88. Tuberose	Skin caring; can relieve anxiety. For stress, grief, calming, comforting, restorative; sleep-promoting effect.
89. Tulsi	Antibacterial, antispasmodic, warming, sleep-promoting, antiseptic, to strengthen the immune system, digestive (stomach, intestines), calming, flatulent, diuretic For arthritis, angina, as an antibiotic, for asthma, bronchitis, flu, skin diseases, hoarseness, insect repellent.
90. Valerian	Strong sedative, sleep-promoting, antispasmodic, skin-caring, skin regenerating; for nervousness, sleep disorders, restlessness, nervous indigestion; for skin care.
91. Vanilla	Slightly menstruation-promoting, antiseptic, digestive stimulant, sedative.
92. Verbena	Stimulates the stomach, aids digestion, strengthens the heart, sedative, milk-forming, stimulates uterine contractions, antiseptic, mentally stimulating, strongly anti-inflammatory, antipyretic, tonic, promotes concentration, litholytic; indication: for nervous exhaustion, Crohn's disease, diabetes, digestive disorders, enterocolitis, cholecystitis, coronariitis, stimulates the CNS, dizziness.
93. Vetiver	Alleviating stress, anxiety, and sleep disorders like insomnia. Its antiseptic and anti-inflammatory qualities benefit skin care, helping conditions such as acne and eczema and aiding in scar healing.
94. Wintergreen	Pain reliever. It is also believed to increase the speed of healing for skin disorders.
95. Yarrow	Anti-inflammatory, antispasmodic, wound-healing, blood-purifying, menstruation-regulating, antiseptic; for inflammation of the stomach lining, dysmenorrhea, amenorrhea, wounds, injuries, neuralgia, eczema, varicose veins; for inflamed, blemished skin.
96. Ylang Ylang	High blood pressure, rapid breathing and heartbeat, nervous conditions, as well as impotence and frigidity.

AO MINERALS

Electrolytes	Microminerals	Minerals
1. Calcium 2. Magnesium 3. Phosphorus 4. Potassium 5. Sodium	1. Arsenic 2. Boron 3. Chloride 4. Chromium 5. Cobalt 6. Copper 7. Iodine 8. Iron 9. Manganese 10. Molybdenum 11. Nickel 12. Selenium 13. Silicon 14. Sulphur 15. Vanadium 16. Zinc	1. Gold 2. Platinum 3. Silver 4. Titanium

FREQUENCY CLEANSE

Name	Usage
White Noise	Equal frequency distribution. Television static is the most known form of White Noise. Use for increasing concentration, masking background noise, tinnitus relief, relaxing and calming your mind.
Pink Noise	Lower frequencies are increased higher frequencies are decreased. Examples of naturally occurring Pink Noise include rainfall, wind and ocean waves. Use as a sleep aid and to improve memory.
Brown Noise	Lower frequencies are increased higher frequencies are decreased greatly. Waterfalls, roaring rivers and big thunderstorms all contain these deep tones. Use for deep relaxation, deep sleep, and intense focus.
Blue Noise	Lower frequencies are decreased and higher frequencies are increased. Masks high frequency noises, wakes up the mind.
Purple Noise	Lower frequencies are decreased and higher frequencies are increased greatly. Masks high frequency noises, tinnitus relief.

QUANTUM HOMEOPATHIC – SEARCH BY SYMPTOMS

1. Abdominal Pain	29. Allopathic Aureomycin Substitutes	54. Bell's Palsy
2. Abdominal - Diastasis Recti (Separation of Abdominal Wall Muscles)	30. Allopathic Chloromycotin Substitutes	55. Bile from Liver - Stimulating Bile from Liver (Stagnant)
3. Acid Reflux	31. Allopathic Ephedrine Substitutes	56. Bipolar Disorder
4. Accidents	32. Allopathic Erythromycin Substitutes	57. Bloating and Gas
5. Achilles Tendonitis	33. Allopathic Ledermycin Substitutes	58. Blood Clot
6. Acne	34. Allopathic Terremycin Substitutes	59. Boils
7. Acne – Cystic	35. Alopecia	60. Boils - Cyst, Abscess
8. Acne – Hormonal	36. Alzheimer's - Problem of the Mind - Memory Weakness	61. Bones
9. Acne – Teenage	37. Anaphylaxis (Allergic Reaction)	62. Bone Density
10. Acne Scars	38. Anal Pain	63. Bone Pain, Broken Bone, Fractured Bone, Meniscus Tear
11. Acne Vulgaris (Extreme Acne)	39. Anemia	64. Bone Infections
12. ADD / ADHD	40. Anemia / Iron Deficiency / Iron Absorption / Iron Metabolism	65. Bone Inflammation – Osteomyelitis
13. Addiction - Alcohol Addiction / Withdrawal	41. Anger Management – Control	66. Bones - Strengthening Bones, Nails, Teeth, Hair
14. Addiction - Drug Addiction Treatment / Withdrawal	42. Anger – Rage	67. Bones - Tissues, Tissue Affinities
15. Adrenal Fatigue – Burnout	43. Animal Bite	68. Bowels
16. Allergies - Allergic Reactions	44. Antipsychotics (Olanzapine)	69. Brain, Broca Aphasia
17. Allergies - Gluten Intolerance	45. Anxiety	70. Brain Fog
18. Allergies – Seafood	46. Anxiety - Anticipatory Anxiety (Children)	71. Brain Tumor
19. Allergies – Seasonal	47. Anxiety - Post Covid Anxiety and Depression	72. Brooding
20. Allergies - Egg Allergies	48. Back Pain – Backache	73. Breast Pain
21. Allergies - General	49. Back Pain - Thoracic Back Pain	74. Breathing Difficulties (Dyspnea)
22. Allergies - Flower Allergies	50. Bad Breath (Halitosis)	75. Bulging Disc
23. Allergies - Mold Allergies	51. Bed Wetting	76. Bunions
24. Allergies - Outdoor Allergies	52. Bedsore (Pressure Ulcer)	77. Bursitis
25. Allergies - Pet Allergies	53. Bee sting	78. Calcium, Absorption
26. Allopathic Aspirin Substitutes		79. Calf Pain
27. Allopathic Acid Salicyclic Substitutes		80. Calm the Skin and Mind
28. Allopathic Adrenaline Substitutes		81. Cancer – Bladder
		82. Cancer – Bone
		83. Cancer – Breast
		84. Cancer – Cervix
		85. Cancer – Esophagus
		86. Cancer - Colon, Rectum
		87. Cancer – Kidney
		88. Cancer – Larynx

QUANTUM HOMEOPATHICS – SEARCH BY SYMPTOMS (cont.)

89. Cancer - Liver, Gall — Bladder	116. Drug Ailments / Drug Side Effects	144. Gallbladder - Gallstones, Cholecystitis
90. Cancer – Lungs	117. Ears	145. Gallbladder - Removed, Cholecystectomy
91. Cancer – Mouth	118. Ears - Drainage of Liquid from Ear (Otorrhea)	146. Gastritis
92. Cancer – Pancreas	119. Ear Piercing	147. Gastro, Intestinal Ailments
93. Cancer – Prostate	120. Eating Disorders	148. Gastroparesis
94. Cancer – Stomach	121. Eczema, Itchy Skin	149. Genital Herpes – General
95. Cancer – Uteris	122. Edema	150. Genital Herpes – Females
96. Children - Suppression Remedies, General	123. Emotions - Acute Emotional Stress, Loneliness, Panic, Shock	151. Genital Herpes – Males
97. Children - Suppression Remedies, Anger	124. Emotions – General	152. Genital Warts, Human Papilloma Virus (HPV)
98. Children - Suppression Remedies, Fear	125. Eyes - Black Eye	153. Gerd
99. Children - Suppression Remedies, Grief	126. Eyes - Digital Eye Strain	154. GI Pain, Nausea or Ailments from Meats, Animal Fats, Lard, Ice Cream
100. Children - Suppression Remedies, Immune System	127. Eyes - Eye Floaters	155. Gingivitis
101. Children - Suppression Remedies, Nervous System	128. Eyes - Eye Pain	156. Glaucoma
102. Children - Suppression Remedies, Pain	129. Eyes - Red Eye	157. Glossitis - Inflammation of Tongue with Candida
103. Dairy Intolerance	130. Eyes – Sty	158. Glucose - Level Too High and Causing Trouble
104. Dandruff	131. Failure to Thrive	159. Gout
105. Deep Vein Thrombosis	132. Fatty Stool	160. Growth
106. Delhi Belly	133. Fear - Death and Dying	161. Guillian Barre
107. Depression, Stress, Anxiety, Grief, Sadness	134. Fear - Crowd, Public Places, Open Spaces, Agoraphobia	162. Gum Disease
108. Depression, Fatigued, Overwhelmed	135. Fear - Suppressed Anger, Explosive Anger	163. Gums, Bleeding Gums
109. Diabetes	136. Fear – Thunderstorm	164. Gut
110. Diabetes - Blood Glucose (Blood Sugar)	137. Fever	165. Gut - Acid Reflux, Heartburn
111. Diabetes - Blood Sugar Issues, Sugar Craving	138. Fever, Severe Head Pain, Back Pain and Breathing Difficulties	166. Gut – Constipation
112. Diabetes - Gestational Diabetes	139. Fibromyalgia - Muscle Pain (Chronic)	167. Gut – Indigestion
113. Diarrhea, Disasters, Dysentery	140. Flu, Flu Fears, Bone Aches	168. Gut - Reful, Colic
114. Digestive Disturbances	141. Food Intolerances	169. Gut - Stomach, Digestion Problems
115. Disc, Herniated Disc, Bulging Disc	142. Food Intolerances – Constipation	170. Gym Pain, Painful Triceps from Weightlifting
	143. Food Intolerances – Diarrhea	171. Hair - Hair Loss

QUANTUM HOMEOPATHICS – SEARCH BY SYMPTOMS (cont.)

172. Hair - Alopecia Ariata	206. Hypotension / Blood Pressure / Low Blood Pressure	237. Insect Bites – Wasp
173. Hair - Mild Alopecia		238. Joint Infections
174. Hand, Foot, Mouth Disease	207. H. Pylori	239. Joint Pain, Muscle, Neck, Back, Shoulder
175. Hangover, Bad Food, Alcohol, Drugs, Nausea	208. Immunity, General Weakness	240. Joints - Swollen Joints
176. Hashimoto's Thyroiditis	209. Infections	241. Joints - Back and Muscles
177. Hay Fever	210. Indigestion	242. Junk Food
178. Headache - Cluster Headaches	211. Infectious Diseases – Chickenpox	243. Kidney - Bladder, Cystitis
179. Headache - Barometric Changes	212. Infectious Diseases – Measles	244. Kidney - Failure, Acute Renal Failure
180. Headache – Hormonal	213. Infectious Diseases - Smallpox	245. Kidney – Pain
181. Headache – Sinuses	214. Infectious Diseases – Cholera	246. Kidney – Stones
182. Headache - Young Girls	215. Infectious Diseases – Diphtheria	247. Knee Pain
183. Headache - General Symptoms	216. Infectious Diseases – Flu	248. Leaky Bladder
184. Headache - Back of Head, Right Eye	217. Infectious Diseases – Meningitis	249. Leaky Gut
185. Headache – Migraines	218. Infectious Diseases – Mumps	250. Legs – Cramps
186. Head Injuries	219. Infectious Diseases - Whooping Cough	251. Legs – Restless
187. Heart Attack – Angina	220. Infertility – Female	252. Legs - Spasms, Eye Twitching, Menstrual Cramps
188. Heart Attack - Myocardial Infarction	221. Infertility – Male	253. Legs - Involuntary Muscle Movements
189. Heart Broken	222. Injury - Bone Injury	254. Legs - Leg Pain in the Muscles
190. Heart Disease	223. Injury - Burn Injury	255. Libido - Low Libido, Infertility or Poor Sperm Quality in Men
191. Heart Medicine	224. Injury - Capillary Injury	256. Libido - Low Libido in Women
192. Heart Palpitations	225. Injury - Concealed Injury	257. Lichen Sclerosis – Females
193. Heel Pain, Heel Spur	226. Injury - Gland Injury	258. Lichen Sclerosis - From Feminopathy
194. Hemorrhoids	227. Injury - Incised Injury	259. Lichen Sclerosis – Males
195. Hepatitis A	228. Injury - Lacerated Injury	260. Liver - Cirrhosis, Liver Detox
196. Herniated Disc	229. Injury - Nerve Injury	261. Liver – Detox
197. Herpes	230. Injury - Puncture Injury	262. Liver - Disease, High Bilirubin Levels
198. Herpes – Females	231. Injury - Sprained Injury	263. Liver - Fatty Liver
199. Herpes – Males	232. Injury - Rubbing Injury	264. Liver - Support and Correction
200. Hernia	233. Injury - Insult, Violation	
201. Hip Replacement Surgery	234. Insect Bites	
202. Hoarseness	235. Insect Bites – Lyme	
203. Hot Flashes	236. Insect Bites – Spiders	
204. Hyperactivity, ADHD, Restlessness, Autism		
205. Hypertension / Blood Pressure / High Blood Pressure		

QUANTUM HOMEOPATHICS – SEARCH BY SYMPTOMS (cont.)

265. Loss of Confidence	288. Organs - Harmed by Emotions, Liver By Anger	316. Poison Ivy
266. Loss of Smell and Taste	289. Organs - Harmed by Emotions, Lungs By Grief	317. Radiation - Radiation, Iridium Exposure
267. Lungs - Breathlessness, Oxygen Supplementation	290. Organs - Harmed by Emotions, Mind (Brain) by Stress	318. Radiation - Chemotherapy Radiation
268. Lungs - Inflammation, Swelling of Lung Tissues, Pneumonia	291. Organs - Harmed by Emotions, Stomach By Worry	319. Rash - That Does Not Itch
269. Lungs - Inflammation, Pleuritis	292. Osteoarthritis	320. Rash - Rash, Heat Rash
270. Lungs - Mucus in Lungs	293. Osteoporosis	321. Rattlesnake Bite
271. Lymphadenopathy	294. Otitis	322. Reflux
272. Lymph Nodes - Swollen Lymph Nodes Under Arm	295. Overindulgence	323. Regurgitation of Food
273. Lymph Nodes - Swollen Lymph Nodes in Abdomen	296. Over Sensitive (Crying)	324. Respiratory Tract
274. Marasmus, Failure to Thrive	297. Overwhelmed	325. Restless Leg Syndrome (RLS)
275. Melasma, Skin Condition	298. Overwhelmed - Moms of Sick Children	326. Restlessness
276. Memory Decline	299. Pain – General	327. Rheumatism, Rheumatoid Arthritis
277. Meningitis	300. Pain - Angst, Insomnia	328. Ringworm
278. Miasms	301. Pain - Panic Attack	329. Root Canal
279. Misalignment – Musculoskeletal	302. Pain - Colic, Kidney, Gallstones, Gastric Pain	330. Scar Tissue
280. Nasal Polyps	303. Pain - Cramps, Spasms, Seizing	331. Sciatica
281. Nausea - Gi Nausea, Ailments from Meat, Fats, Lard, Ice Cream	304. Pain – Muscle	332. Scorpion Sting
282. Nausea - Sea Sickness, Car, Motion	305. Pain - Hip Pain	333. Seizures
283. Obesity	306. Pain – Reliever	334. Seniors - Stress of Aging
284. Obsessive, Compulsive	307. Pain – Remedies	335. Seniors, Improve Vitality and Nutrient Absorption
285. Obsessed, OCD	308. Palliative Care, Elderly and Dying	336. Separation Anxiety
286. Organs - Harmed by Emotions, Heart by Stress (Mental Overexertion)	309. Pancreatitis	337. Shingles
287. Organs - Harmed by Emotions, Kidney By Fear	310. Paralysis	338. Shoulder, Blade Pain
	311. Parasites / Worms	339. Sinus Infections
	312. Parasites	340. Sinusitis
	313. Parosmia – Distortion of Smell	341. Sinus Infections - Complicated with Polyps
	314. Parosmia - For Foul Smell from the Nose	
	315. Peripheral Neuropathy	
342. Sinus Infections - Due to Fungal Growth	369. Teen Hormones, Moody, Gut	390. Teeth - Wisdom Tooth Pain

QUANTUM HOMEOPATHICS – SEARCH BY SYMPTOMS (cont.)

343. Sinus Infections - Mucus Present Due to Cold	370. Teeth - Grinding (Bruxism)	391. Teeth - Tooth Abscess, Periapical and Paradontal
344. Sinus - Asthma Induced	371. Teeth - Symptoms and Dental Remedies	392. Teeth - Scaling and Polishing
345. Sjogren's Syndrome	372. Teeth – Apprehension	393. Teeth - Pain at the Site After Anesthetic Injection
346. Skin Burns	373. Teeth – Bruxism (grinding)	394. Teeth - Cell Salts Tonic to Strengthen Teeth, Prevent Decay and Remineralize
347. Sleep Apnea	374. Teeth - Gingivitis Periodontitis and Alveolitis	395. Teeth - Strong Teeth
348. Sleep Issues	375. Teeth – Hemorrhage	396. Tendonitis
349. Smallpox	376. Teeth – Neuralgia	397. Tennis Elbow (Lateral Epicondylitis)
350. Smoking	377. Teeth - Post Operative Discomfort	398. Tenosynovitis (Locked Finger, Trigger Finger)
351. Smoke Inhalation	378. Teeth – Salivation	399. Tetanus
352. Sneezing	379. Teeth - Temporomandibular Joint (TMJ)	400. Throat Problems, (Inability to Swallow)
353. Snoring	380. Teeth – Toothache	401. Thrombosis
354. Sore Throat	381. Teeth - Tooth Eruption	402. Thyroid
355. Sore Throat - After Intubation	382. Teeth – Ulcerations	403. Thyroid – Hypothyroid
356. Stenosis - Back/Spinal	383. Teeth - Problems and Dental Work	404. Thyroid – Disease
357. Stool	384. Teeth - General Tooth Pain	405. Thyroid – Hyperthyroid
358. Stomach Cancer	385. Teeth - Before and After Dental Treatment	406. Tics - Neurological, Movement Disorder
359. Stomach Discomfort	386. Teeth - Root Canal or Endodontic Treatment	407. Tinnitus
360. Strep Throat	387. Teeth - Orthodontic Braces	408. Tinnitus, Vertigo
361. Stress, Sleeplessness, Anxiety, Grief, Sadness, Panic Attacks	388. Teeth - Tooth Extraction	409. Tongue
362. Stroke – Brain	389. Teeth - Dry Socket	410. Tonsillitis
363. Suicidal Tendencies		
364. Sunburn		
365. Suppression Remedies, Children		
366. Surgery		
367. Surgery – Post		
368. Sweating Suppressed Perspiration (Anhidrosis)		

QUANTUM HOMEOPATHICS – SEARCH BY SYMPTOMS (cont.)

410. Tooth - Cavities, Teeth and Children	434. Typhoid	454. Varicose Veins
411. Tooth - Ache, Dental Health	435. Ulcerative Colitis	455. Vascular Issue
412. Tooth – Pain	436. Ulcer, Stomach Ulcer, GI Tract	456. Vertigo and Tinnitus
413. Tooth – Trauma	437. Ulcers, Stomach	457. Victim Mentality
414. Tooth - Dental Braces	438. Undigested Food in Stool	458. Vitamin Substitutes - Vit A
415. Tooth – Decay	439. Urinary Incontinence	459. Vitamin Substitutes - Vit B
416. Tooth - Extraction, Dry Socket	440. Urticaria, Hives	460. Vitamin Substitutes - Vit B12
417. Tooth - Extraction with Spinal Abscess	441. Vaccine - Vaccination Side Effects, General	461. Vitamin Substitutes - Vit C
418. Toxins, Poisoning, How to Antidote	442. Vaccination Side Effects - Stomach Pain	462. Vitamin Substitutes - Vit D
419. Tremors	443. Vaccination Side Effects – Diarrhea	463. Vitamin Substitutes - Vit E
420. Tumors - Bony Tumors	444. Vaccination Side Effects – Asthmatic	464. Vitamin Substitutes - Vit K
421. Tumors - Bluish Tumor	445. Vaccination Side Effects – Swelling	465. Vitamin Substitutes – Aspirin
422. Tumors - Bleeding Tumor	446. Vaccination Side Effects – Fever	466. Vitamin Substitutes – Multivitamin
423. Tumors - Brownish Tumor	447. Vaccination Side Effects - Skin Rash	467. Virus
424. Tumors - Fatty Tumor	448. Vaccination Side Effects - Skin Eruptions	468. Vitality and Nutrient Absorption
425. Tumors - Glandular Tumors	449. Vaccination Side Effects - Runny Nose, Congestion	469. Vomiting
426. Tumors - Gland Filling is Hard	450. Vaccination Side Effects - Dry Cough	470. Vulvodynia
427. Tumors - Hemorrhoidal Tumors that Burn and Sensitive to Touch	451. Vaccination Side Effects - Loose Rattling Cough	471. Warts
428. Tumors - Horny Tumors	452. Vaccination Side Effects - Joint and Muscle Pain	472. Warts – Plantar
430. Tumors - Nerve Tumors, Little and Sensitive	453. Vaccination Side Effects - Dry Rough Skin	473. Whooping Cough
431. Tumors - Orange Like Tumors		474. Worse from Junk Food
432. Tumors - Stoney Tumors		475. Worse from Fats
433. Turmoil		476. Wound, Open Wound
		477. Worms – Tape
		478. Worms – Pin
		479. Worms – Ascarides
		480. Worms – Hook
		481. Worms – General
		482. Yeast Fungus
		483. Yeast Fungus – Nail
		484. Yeast Fungus – Skin
		485. Yeast Fungus – Ringworm
		486. Yeast Fungus – Sugar